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Muckleshoot MONTHLY



Vol. XIV No. IV

Muckleshoot Indian Reservation, Wash.

MAY 15, 2013

MEMORIAL DAY DINNER SCHEDULED FOR MAY 27



THE FALLEN FOUR: Melvin Ross, Chester "Chet" Courville, Turner Martin and Larry James.

By Sonny Bargala

The Memorial Day Dinner is held annually to honor those from Muckleshoot that made the supreme sacrifice during war. Included in the honoring are those veterans who served, but are now passed on. The Dinner will be held at the Muckleshoot Pentecostal Church.

Melvin Ross. The first Muckleshoot to be killed in action during World War II was Melvin Ross, who was killed on May 31, 1944 in Italy.

Chester "Chet" Courville. The second Muckleshoot to be killed in action during World War II was Chester "Chet" Courville (Melvin's first cousin), who was killed a week later on June 6, 1944 during a combat jump with the 82nd Airborne Division into Normandy on D-Day.

Turner Martin. The last Muckleshoot to be killed in action during World War II was Turner Martin, in Germany on March 24, 1945. Turner was the grandson of Chief Phillip Starr.

Larry P. James. In the Korean War, Phillip Starr lost another grandson. He was Larry P. James who was killed in action on September 24, 1950. Larry served with the 5th Regiment of the First Cavalry Division. Larry's brother, Russell James will also be remembered at the Dinner. Russell served with the 2nd Infantry Division and spent over two years as a prisoner of war during the Korean War.

Also remembered on this day will be the many departed tribal and community member veterans of World War I, World War II, Korea, Vietnam, the Vietnam Era, and the Cold War.

The Colors will be presented by the Inter-Tribal Warrior Society. Sonny Bargala, Veteran Affairs Specialist, will host as Master-of-Ceremonies. After the honoring of passed tribal and community Veterans, the Inter-Tribal Warrior Society will retire the Colors. All are invited to attend.

FORSMAN APPOINTED TO FEDERAL HISTORIC PRESERVATION COUNCIL

Suquamish Tribal Chairman Leonard Forsman has been appointed by President Obama to the federal Advisory Council on Historic Preservation.



Leonard Forsman

The ACHP is an independent federal agency that promotes "the preservation, enhancement, and productive use of our nation's historic resources," and advises the President and Congress on national historic preservation policy.

Forsman's decades of experience in the field as a research archaeologist for Larson Anthropological/Archaeological Service and as director of the Suquamish Museum clearly makes him eminently qualified for this post. He also serves on the board of the Washington State Historical Society.

In addition to all of his more formal posts, Forsman sits in the skipper's seat on the Canoe Journey each year and participates actively in Coast Salish culture. He says that he hopes to build on the ACHP's efforts to recognize and protect cultural resources of importance to Tribes and provide more tools to enable them to protect sacred places within their landscapes.

LET THE POW-WOWS BEGIN!

Veterans, Wellness & Skopabsh Pow-Wows provide summer fun for the whole family

LaShawna Starr is 15 years old now. She's in high school, and much of her life revolves around sports. But there's something else that has been very special to her for a very long time, and that's Pow-Wow.

"Ever since I started walking, it's been the one thing that my mom has had me do," she says, adding that "it's made a big impact on my life over the years, and it keeps me away from drugs and alcohol."

Her mom, Florence, recalls that her Uncle Mike was the one that first got her involved. She hadn't gotten to dance herself as a child, and she de-



cidated she wanted her children to have this experience. And since they got started, both mother and daughter have never wanted to stop.

"Like she said, as soon as she was able to walk and hit that dance floor, she was ready to

go," Floey says with a laugh.

Shawna was just a toddler when she won her first title, Tiny Tot Princess, at the 2000 Skopabsh Pow Wow. When she got older, she became Jr. Princess, and now she is Miss Skopabsh. Tiny Tot is

called Li'l Miss Skopabsh, and there are three other Royalty titles: Li'l Warrior, Muckleshoot Warrior, and Kaya Princess, which is bestowed as an honor to a woman Elder each year.

This year's Skopabsh Pow Wow will be held

continued on page 2

Legendary Native American Ballerina Maria Tallchief Passes On

In the 1830's, George Catlin traveled throughout the vast open spaces where Native peoples still lived in their own age-old ways. He painted colorful portraits of hundreds of tribal leaders during a time when few treaties had been signed and the camera had not yet been invented.

When Catlin encountered the Osage people, he wrote that they were "...the tallest race of men in North America... there being few... who are less than six feet in stature, and very many of them six and a half, and others seven feet."

Masterful horsemen and fearsome warriors, the Osage dominated a large part of the central plains for centuries; but, as with other tribes, it all came to an end. A proud people found themselves on a dusty Oklahoma reservation, where sickness and poverty plagued their families for generations.

Then, at the beginning of the 20th Century, everything changed. The automobile was invented and it turned out that the Osages were sitting on top of an ocean of oil.

Maria Tallchief was born in 1925, not into poverty, but wealth. Her father owned both the movie theater and pool hall in tiny Fairfax, Oklahoma.

Maria's parents wanted the very best for her and younger sister Marjorie. In their wildest dreams, though, they could never have imagined that both would become world famous ballerinas.

They sought out the best music and dance teachers that could be found in their rural area, and it soon became apparent that Maria had enormous talents, both as a pianist and dancer. The time came when a choice had to be made, and the choice was dance.

In 1933, when she was eight, Maria's family relocated to Los Angeles, where her talents could truly be developed. At 12, she became a pupil of renowned Russian ballet instructor Bronislava Nijinska, and at 15 she made her dancing debut at the Hollywood Bowl. At 17, she moved to New York, and then to Monte Carlo, where she danced with the famed Ballet Russe (Russian Ballet).

It was there, at age 19, that she met choreographer George Balanchine, and together, as husband and wife, his genius and her talent would change the world of ballet forever.

The United States was considered a backwater of dance in those days, with Paris and Moscow being the



America's Prima Ballerina, MariaTallchief

capitals. Returning to New York, Balanchine started the New York City Ballet with Maria Tallchief as its prima ballerina. Within a few years, their brilliance and innovation brought New York to the forefront of ballet, and Maria became America's first true prima ballerina and the most famous dancer in the world.

Her marriage to Balanchine did not last, but their collaborations continued. Maria danced on stage, television and in movies until the 1960's, when she retired, married again, and spent her remaining days teaching ballet in Chicago.

Time catches up with all of us, even living legends. On April 13, 2013, Maria Tallchief passed on at age 88. If there is ballet in heaven, it certainly cannot be more spectacular than the way an Osage woman named Tallchief, born in a tiny town in Oklahoma, danced it before spellbound audiences worldwide during her amazing lifetime here on earth.

See Maria Tallchief dance at:
<https://www.youtube.com/watch?v=aCuQleG8Ins>

See a magnificent memorial photo tribute at:
<https://www.youtube.com/watch?v=mLANb5slo5M>



HAVING AN IMPACT IN WASHINGTON, DC. Tribal Chairman Virginia Cross and Councilmembers Nick Bennett and Kerri Marquez have been on Capitol Hill in Washington, DC this past week working with Members of Congress on issues affecting the Tribe. They are pictured, from top down, with Sen. Maria Cantwell, Rep. Dave Reichert and Rep. Suzan Delbene.

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I am a Muckleshoot tribal member,

I have ties to the Muckleshoot Tribal Community

Please explain: _____

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Muckleshoot Monthly

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TRIBAL SCHOOL STUDENTS TRAVEL TO WASHINGTON, DC

Muckleshoot Tribal School students attended the Close-Up Program in Washington D.C. during the week of February 24 – March 2. Under the supervision of MTS History teacher Victoria Hildebrand and chaperone Richard Vendiola, the students participated in workshops where students brought their tribe's problems to the table to advocate for solutions through the government process and legislation.

MTS students Kayla James, Lucinda Moses, Sid Lazzar, Becky Ocampo, Seaira Pacheco, Marvin Moses, Kacey

Heffington, Jenel Hunter and Sylvia Agaton represented our school and community in good fashion, raising questions to government representatives about how to address some of the problems that have befallen the Muckleshoot people, such as child welfare and substance abuse problems.

The students even got to meet Senator Patty Murray on their visit to Capitol Hill! It was an amazing time for all and I am certain that the students left with many memorable experiences as well as newfound friendships ~ *Richard Vendiola*

Mother's Day Luncheon

Monday, May 13, 2013 ~ Health & Wellness Center



POW WOWS *continued from page 1*

August 23-25 and royalty contestants are being sought. Each will be judged on speech, dancing and ticket sales, with travel funds being provided to royalty that are selected to represent the Tribe.

For further information, contact Wendy Lloyd. Her day-time number is 253 804-8752 x 3213. Evening (cell) is 253 569-2688; E-mail: wlloyd2586@gmail.com.

WALKING ON...

Marguerite McCluskey

Marguerite McCluskey, 86, of Enumclaw died April 18, 2013. She was born August 27, 1926 to Amos and Maggie Courville in Auburn, WA. As a child she had TB. Marguerite attended schools in Auburn & Enumclaw. She had a brief marriage to Ted Moses before marrying the love of her life, Lee McCluskey. They moved to the Lummi Reservation.



While being a devoted mother, Marguerite worked many jobs before settling into her career as a silk finisher. She made sweaters, caps and socks from raw wool that she washed, carded, and spun. She also enjoyed embroidery work.

Marguerite moved back to the Muckleshoot Reservation in 1995. She was a devoted mother, grandmother, and Auntie who loved spending time with her family and playing Bingo at the Muckleshoot Bingo.

She is preceded in death by her husband Lee, November 22, 1993; daughter Gertrude McCluskey in 1947; parents Amos and Maggie; brothers Chet, Amos, Clarence Courville and Jimmy Barr; sisters Bernice White, Mary Basteys, Ethel Keeline and Eleanor Schultz.

Marguerite is survived by sons Clayton (Della) McCluskey of Marysville; Lee "Dusty" McCluskey of Lummi, WA; daughters Margaret (Brian) Gaspaire of Enumclaw and Ester (Doug) Lamphier of Auburn; brother George (Annette) Barr of Enumclaw; brothers-in-law Russell (Isabelle) McCluskey and Herman (Jean) McCluskey. She is also survived by 10 grandchildren an 17 great grandchildren.

A visitation was held on Sunday, April 21, 2013 at Weeks' Funeral Home, with a Prayer service that evening at the Muckleshoot Shaker Church. A graveside service took place the following day at Lummi Cemetery in Bellingham, WA. Please sign the online guest book at www.weeksfuneralhomes.com

Roger Blaylock

Roger Blaylock was the Senior Planner for the Muckleshoot Tribe's Planning Department. He worked for the Muckleshoot Tribe for over nine years. He was a long time resident of Auburn, an avid collector of antiques and a passionate gardener. There was seldom a yard sale or 2nd hand store that Roger passed up. He was a close and dear friend to many Tribal staff and community members. Roger left us on April 23rd.



Roger was born in Medford, OR on October 2, 1950. He had an older brother and sister who shared the same birthdate, so they all received three different cakes on the same day. Roger attended the University of Oregon where he received a degree in Geography. He worked in the Tri-Cities area for several years where he met and married his former wife. Roger had three children: Catherine, Anne, and Michael. He was very proud of his first grandchild, Isabel, who was born on January 2012. He spent countless hours with Isabel and was always happy to share stories about his time spent with her.

Roger's Family Memorial Service was held on Sunday, May 5th, 2013 at the Muckleshoot Pentecostal Church. The family wanted to thank the Muckleshoot Tribe for all their support to their father, grandfather, brother, godfather and dear friend.

Cheryl Rodarte Jimenez

Cheryl Annette Rodarte Jimenez of Algona, Washington, passed away May 13, 2013 at the age of 54 in Puyallup, Washington. She was born January 13, 1959 to Joseph & Mary Rodarte in Seattle, Washington. Cheryl graduated from Enumclaw High School. She had a deep rooted faith in Christianity and was an active member of the Family Life Center Church of God in Auburn. Her family and strong faith in Jesus Christ kept her going during her times of illness and trial.



She was preceded in death by parents, Joseph & Mary Rodarte, sisters, Erlinda Rodarte, Estella Carter, Evangeline Daniels, Mary Emery and brother, Frank Rodarte, Sr., as well as her daughter, Victoria Lynn Jimenez.

She is survived by her loving and faithful husband Eleazar "Chalo" Jimenez and their children Ramon, Jesse, Eric and Alyssa, brothers and sisters, James Rodarte, Sr., Bernice Heintzelman, Joseph Rodarte, Jr., Robert Rodarte, Sr., Virginia Johnson, Betty Auxier, Roger Rodarte, Shirley Sanchez, Jerry Rodarte, Sr., David Rodarte, Sr. and Michael Rodarte.

Funeral services were held on May 17 at The Church of Jesus Christ of Latter-Day Saints in Enumclaw followed by interment at Enumclaw Evergreen Memorial Park.

Please sign the online obituary at www.weeksfuneralhomes.com

William Edward Brendible, Sr.

Bill Brendible, 66, was born September 5, 1946 to Tom Brendible Sr and Phoebe Dalton Brendible. He went home March 28, 2013.

Bill married his wife Marcia Mae Milne Brendible on August 23, 1968, and lived in Metlakatla, AK his entire life until he moved to WA at 61 in 2008 to care for his wife and her medical condition.

He was an edger operator for 28 years, having spent 32 years working at the lumber mill before they closed their doors for good. He then proudly spent seven fun years as a Sanitation Engineer for the Metlakatla Indian Community before retiring in 2008.

Bill is survived by his wife Marcia of 44 years in Pacific, WA, his children Doe (Stacy), Chelle (Les), Ronald and Will Brendible Jr of Metlakatla, Ak. Cheri (Jay) Blair of Ketchikan, Ak and his daughter Anna Liz (Darrell) also of Pacific, Wa.

Grandchildren are Warren, Cody, Frieda, Faithe, Marcia E and Justin of Metlakatla. JJ, Jerico, Jasmine and Kylie Jordyn of Ketchikan and Christianne, Buddy, Eric and great grandson Blake of Pacific.

Bill was an honorary dad and poppa to everyone starting with his White Son Mike and Christina P. John and Kelly H, Hank, Christine, Crazy Ben, Steve and Jerry D, Matt, Floyd, Albert and Liz, Elma White, Emily, Pru, Sarah, Berta, Brenna, Addy, Vanessa, Tyrell, Matthew Swan (Alfred), Nikki, Amy, Denise, Kristen, Byron, Michael, Joe, Buffy, White Keith, Wuzzy (Ralph), Mason, Aiyana, Braysia and dozens of kids that will remember and miss him as the 'candy man' in Metlakatla and Auburn.

Since moving to WA, Bill has really missed his '21' buddies that were as close as brothers and sisters to him: Bev, Bruce, Will, Marcus, Allene, Patti, Beau, JD, Les Jr, Tim, Noreen and Hank.

Bill is also survived by brothers Tom (Mary Jo), Bobby R, Tex, Bill Bryant, Les, Mitch and Gary Berkeley and sisters' Ellen (Marvin), Madeline (Rich) Rachael, Clara (Tootie) and numerous nieces and nephews.

Bill enjoyed walking, visiting his girlfriends, playing blackjack, crib and slots, running MAC, coordinating basketball tournaments, refereeing, fundraising to take teams to All Native in Prince Rupert, watching basketball (especially his grandkids), wrestling and his soaps, cheering for the visiting teams at the Chiefs/Misschiefs games and going to the movies.

Dad's easy way, gift of gab, infectious smile and laugh, constant jokes and sense of humor allowed him to easily make good friends everywhere he went. He will be missed by so many.

Bill's final viewing was held at Yahn and Sons Funeral home in Auburn, WA on April 1, 2013. A memorial will be held in Metlakatla once his baby is home and his 'six-pack' can be reunited.



William Charles "Sonny" Miller Jr.

William Charles "Sonny" Miller, Jr., 63, of Auburn, died May 11, 2013 surrounded by family and friends. He was born April 19, 1950 to William Miller Sr. and Florence Starr in Shelton, Washington.

Sonny is survived by his children, Colleen Anderson, Florence Miller, Henry Miller all of Auburn, Cecelia Miller of Wellpinit, Elizabeth Miller, Louie Miller, and Maxie Jansen, all of Auburn; sisters, Sandy Heddrick, Lorena Harnden, Rhonda Harnden and Tammy Byars all of Auburn; brother, Victor Wynne of Auburn. He is also survived by his step-father, James Wynne of Wellpinit and his significant other, Vera Jansen of Auburn.

Sonny was preceded in death by his mother, Florence "Dossie" Wynne; father, William C. Miller, Sr. and sister, Evelyn Harnden.

A visitation was held May 13, at Weeks' Funeral Home in Buckley followed by a prayer service at the Muckleshoot Shaker Church. The funeral services took place on May 14 at the Shaker Church, followed by burial at New White Lake Cemetery.

Henry "Hank" Delano Gobin
Kwi tlum kadim

Hank Gobin was born May 29, 1941 in Tulalip, Washington and entered into rest April 25, 2013.

He is survived by his wife, Inez Bill-Gobin; two sisters, Anna Mae Hatch (Verle, deceased) and Isabelle Legg (James, deceased); a brother, Earl "Moxie" Renecker (Bernice, deceased); and three sons, Rick, Brian, and Bill Coriz, all of Sante Fe, New Mexico. All three sons whom he raised lost their biological father the same day of the passing of Hank. (These boys send their special heartfelt prayers to our family loss, while they prepare for biological family. Just the same we give our heartfelt prayers too.)

He is preceded in death by his parents, Henry and Isabelle Gobin, and siblings Shirley, Emery, Daryl, Frank and John.

Hank was born and raised on the Tulalip reservation. He left at the age of 21 to further his education goals. He attended the Santa Fe Indian Boarding School where he received both his High School diploma and Certificate in Ceramics and Painting at the Institute of American Indian Arts in 1965.

From 1965-1970, he attended the San Francisco Art Institute earning a Bachelor of Fine Arts. He then went on to complete his Master's degree at Sacramento State College in 1971. It goes without saying, Hank held high achievement levels for himself. At SSC he was voted as an immediate art candidate, within a year's time he received his MA in painting. While at SSC he worked as a teaching assistant in the fields of drawing, watercolor, and oil painting. Again, Hank had determination for success. By the second semester, he had been appointed as 'Assistant Professor' teaching Native American Art.

In 1971, Hank returned to the Institute of American Indian Arts where he then taught Ethnic Study courses. One year later he became the Acting Arts Director. Later, he was appointed as the full-time Director which he held for 11 years. After leaving this Directorship position he traveled and painted museum quality pieces across the United States from 1982-1986. Hank then worked for the Affiliated Tribes of Northwest Indians, in Portland OR, from 1986-1987.

Hank returned home in 1989, where his 'spiritual life' began. Hank always had this little saying or phrase, "Like a migrating salmon' returning home". His spiritual pathway provided the cultural foundation where it was important in applying these cultural values and beliefs in the day to day aspects of his life. Including while he was the Tribes Cultural Resource Manager (24 years). For example, putting these traditional and cultural values into practice where Hank was instrumental for the development of the Tulalip's language program.

Hank also worked with the community in setting the foundations of the cultural teachings, protocols, and values surrounding the tribal family canoe journey. He also worked closely with tribal, federal, state and local governments and agencies on issues of cultural and environmental interest and established standards that met the needs and concerns of the Tulalip Tribes.

Throughout his career, Hank dedicated much of his work towards building a tribal museum; a vision long held by Tribal elders and Tribal Membership. Through hard work and dedication, Hank brought this dream to reality. He advised, initiated, and designed what became the Hibulb Cultural Center and Natural History Preserve; the place that tells our story in our own words, and honors our past, present, and future people.

Hank's lifework was dedicated to his people; he was a cultural warrior and advocate. His spiritual beliefs were a prominent aspect of who he was; and it was this spiritual way of life that enabled him to carry out his responsibilities to protect his people's cultural and environmental interests. Everything about Hank was genuine and his magnetic personality touched the lives of all those who he crossed paths.

Services were held on April 26, 27 & 28 at Tulalip. Obituary courtesy of Tulalip Tribes.



THE BROKEN CHAIN

Little did we know that morning,
That God was going to call your name,
In life we loved you dearly
In death we do the same.
It broke our hearts to lose you,
You did not go alone,
For part of us went with you,
The day God called you home.
You left us peaceful memories,
Your love is still our guide,
And though we cannot see you,
You are always at our side.
Our family chain is broken, and
Nothing seems the same,
But as God calls us one by one,
The chain will link again.

When I Lost You

I wish I could see you one more
time come walking through the door
But I know that is impossible
I will hear your voice no more.
I know you can feel my tears
and you don't want me to cry
Yet my heart is broken
because I can't understand why
someone so precious had to die.
I pray that god will give me strength
and somehow get me through
As I struggle with this heartache
that came when I lost you.

DEDICATED TO MY AUNTIE LYNN:

I know you're dead and your gone for good. It's just too hard for me to believe. I know I will see you again someday, just not now. Please look over the family. Nothing never really lasts forever, even if it's good or bad. Now you're up in heaven. It still makes me sad, but I know you're happy that you don't have to go thru any pain and sadness. Right now you're up in heaven with your family / friends that passed away before you. Please tell both of my grandpa's that I said "Hi, I miss & love them."

I know you're looking down on us wanting all of us to be strong. We all just can't stand that your gone. We all love & miss you so much ~ that's definitely true. You're up in heaven as a beautiful angel. It's just so hard to say goodbye. I don't like goodbyes at all. Its just so sad. I wish I knew you better, I wish I could've seen that awesome, beautiful person that you were. Now that you're gone forever I can't. I miss you! May you rest in peace. You may be gone, but you'll never be forgotten.

• Thelma Moses 3/31/13

Maria Tallchief



In her early teens

America's Prima Ballerina

January 24, 1925 – April 11, 2013



Makah tribal member Sandy Sunrising Osawa produced this documentary film with funding participation by the Muckleshoot Charity Fund.



Maria Tallchief dancing in 1951. She was 26



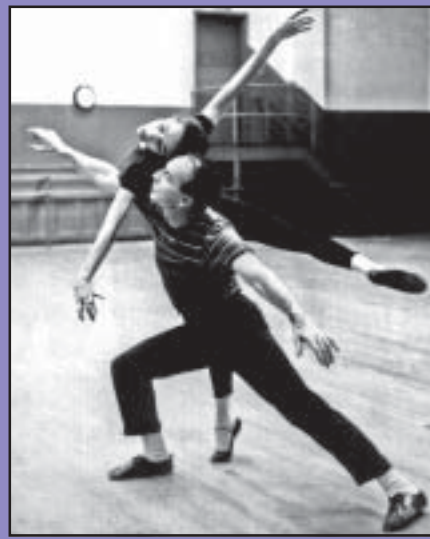
On the cover of Newsweek, 1954



Maria as a young girl



Maria Tallchief, the world-famous ballet legend.



POETRY IN MOTION. Maria with her then-husband, famed choreographer George Balanchine.



MARIA AT 42. This photo was taken not long after she retired from dancing and started teaching.

Jolene Lozier runs for Miss Indian World

PHOTOS BY TERESA ALLEN

This year the Gathering of Nations powwow is celebrating its 30th anniversary. My best friend Jolene Lozier ran for Miss Indian World 2013, taking months to get ready for the talent, personal interview, and public speaking parts of the competition.

She was contestant number 6 out of the 16 young ladies that ran for the title of Miss Indian World. I took pictures of her at the powwow with last year's Miss Indian World, Jessa Rae Growing Thunder, and another contestant, Miss Rebecca Gue from Alaska.

Jolene had many talents, but the one she chose to do was singing. We sang the Strengthening Song that was made to help our people for the 2006 Canoe Journey. I was on stage with Jolene Thursday night. She was wearing a traditional cedar cape and hat that she made herself. She also painted her own drum.

I never knew how much really went into running for Miss Indian World. After this year, I give every young lady that is or will run for Miss Indian World a big hand. A lot of time and lack of sleep goes into running for this highest of all pow wow royalty titles.

The Gathering of Nations powwow was so much fun. A lot of people were down there, from famous people to meeting new friends and catching up with old friends. I am glad that I went down to the powwow. The one thing is I missed though, were my Children and their Dad, Myrle Anderson. I danced grand entry, but didn't dance compaction because I was down there as support for Jolene. I am very proud of my Best Friend for being the person she is.

I would like to say thank you, Jolene, for inviting me to join you for this year's Gathering of Nations. I am very proud of you.

You are always in my prayers,

Teresa Allen



Teresa and Jolene singing a song from the Canoe Journey.



Teresa, waiting to take the stage with Jolene



Jolene waiting for her turn on stage for the talent contest.



Jolene with Miss Indian World 2012 Jessa Rae Growing Thunder and Rebecca Gue of Metlakatla.

LITTLE TAMICKA ELKINS LOOKS FORWARD TO A BIG SUMMER

Byron and Wendy Lloyd's foster daughter, Tamicka Elkins, is looking forward to a busy summer. Byron, who comes from the other side of the mountains, has introduced Tamicka to horse culture and really wants to make it special for her. He's been working on making horse Regalia for quite some time and has finished the breast collar, which is beaded with an image of The Mountain, with the elk, and footprints along the side.

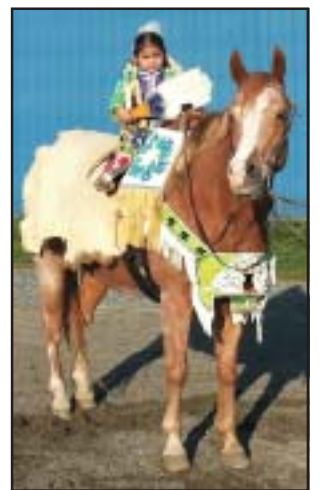
Byron is a true artist when it comes to making this type of Regalia, and won't stop until he's made a complete set. But one more thing was needed: a horse.

"We were talking to Joan Green-Ferguson, a Mental Health therapist at the Behavioral Health Program," Wendy recalls. "She's been doing Equine Therapy at the barn off of 180th and she invited Byron and Tamicka to ride her own personal horses."

"Joan and her daughter Kellie have been wonderful teaching Tamicka to ride their horses," she continued. "Tamicka looks forward to the days when get to go see the horses; but, on this day, it was different – we dressed both Tamicka and the horse, Justin, in Regalia and took pictures."

"We want to give a big thank you to Joan Green-Ferguson and her daughter Kellie for their kindness and patience," Wendy says.

As Byron continues to spend most of his spare time beading Regalia, the family looks forward to having Tamicka and Justin ride in local parades this summer. Tamicka will also make her first run for a Muckleshoot Royalty title – Li'l Miss Skopabsh.



Tamicka Elkins and Justin



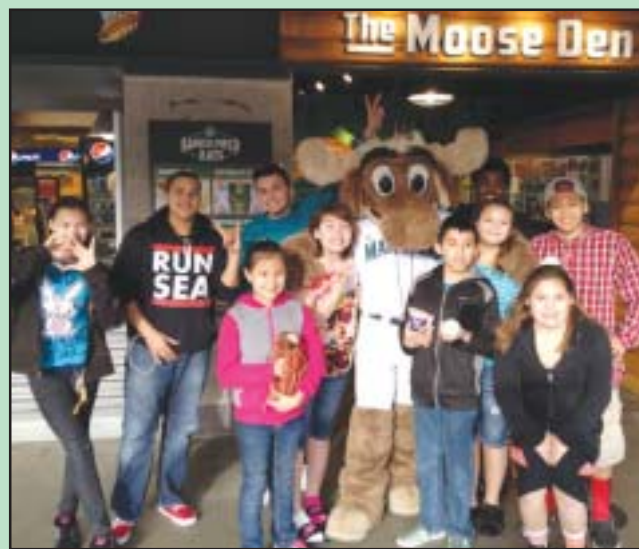
DIETICIAN VISITS. Kate Miedemab Registered Dietitian / Nutrition Education came and did a workshop with the Youth Work Training Program on 4/26/13.

Donald Dorsey

On behalf of the Muckleshoot Youth Development Program, I would like to recognize Donald Dorsey for his commitment to serving the young people of the Muckleshoot community. Donald serves as a Youth Development Counselor, and has an extensive background specializing in Gang Intervention counseling. Over a career approaching 16 years, Donald has built longstanding relationships with the young people of the Muckleshoot community, and continues to make a positive impact on the lives of the youth who will eventually go on to be the leaders and the future of the Tribe. Donald is passionate about his career, and has expressed his sincere gratitude to the Muckleshoot Tribe for giving him the opportunity to work with the youth. ~ Jaison Elkins, YDP Manager



Mariners Game



With the Mariners Moose



Detroit Tigers pitcher Justin Verlander tossed baseballs to Coordinator Chris Marquard and four youth while they were walking by.



Dontae and Vivian @ Mariners Game



Vivian and Tesalee @ Mariners Game



Erina, Darina, and Hiya @ Mariners Game

Josie Benito-Romero

On behalf of the Muckleshoot Youth Development Program, I would like to recognize Josie Benito-Romero for her hard work, dedication, and determination. Josie consistently meets or exceeds expectations from the Muckleshoot Youth Development Program and the Muckleshoot community. Josie has worked with Muckleshoot youth for over 10 years and demonstrates genuine passion and concern for the young people of the Muckleshoot community. When you see her around, I encourage you to congratulate her for her service. Thank you. ~ Jaison Elkins, YDP Manager



The Youth Development Program had a Spring Dance on 4/13/13

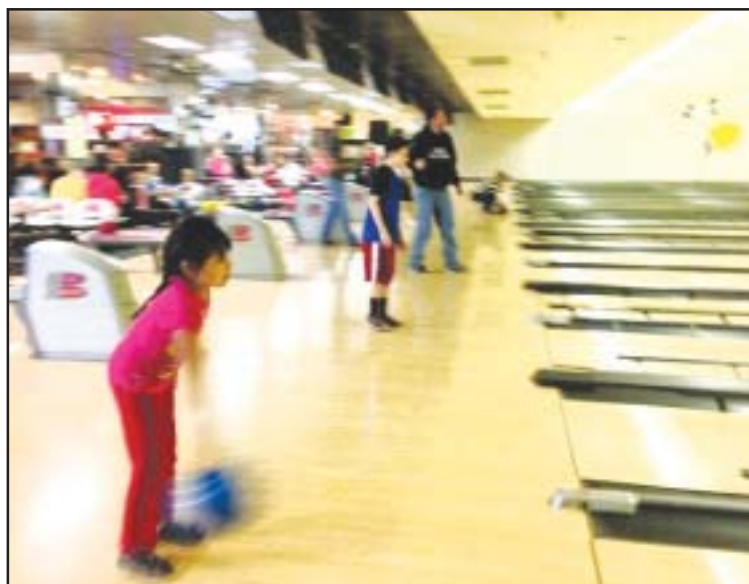


Youth Development Center
 17608 400th Street, Auburn, Washington 98092
 Jaison Elkins, Program Manager
 Phone: (253) 876-2821 Front Desk (253) 876-2853

Stop in today to check out our program, servicing youth ages 7-18. We offer a variety of activities, leadership & life skills training, youth council, counseling services, and more. We also provide transportation, as well as meals to youth participants. Please call or stop by for details on how to get your youth involved

Hours of Operation:
 Sunday: Closed
 Monday: 12-8:30PM (Youth Workers Only)
 Tuesday: 11AM-10PM
 Wednesday: 11AM-10PM
 Thursday: 11AM-10PM
 Friday: 12PM-12AM
 Saturday: 12PM-12AM

Pick up is offered daily between 4-5PM
 Drop off for all youth ages 7-11 is from 7-9PM
 Drop off for all youth ages 12+ is from 9-10PM



Bowling in Puyallup



At Cedar Falls in the Cedar River Watershed

Landing date: August 1, 2013
 Point Grenville, wa.

Paddle to Quinault 2013
 xəskox čit gwaxlɔlməxw
 "Honoring our Warriors"

maps - accommodations - volunteer - registration forms - news - photos

CANOES LAND AT QUINAULT AUGUST 1, 2013



Comments to Richard Johnson upon his retirement

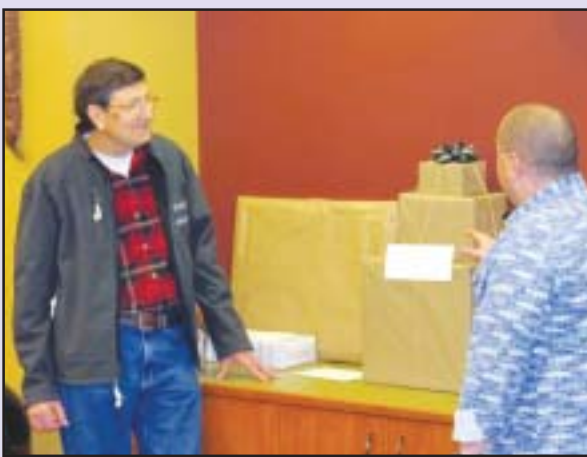
by Ron Olson, Northwest Indian Fisheries Commission

The NWIFC staff would like to thank Richard for all the job security he has provided us. He has kept us busy with fish to tag, fish to sample, data to report, and data to analyze.

We have some art work that we would like to present to him. The print is entitled "sharing the knowledge" and the artist is Brian Perry, who is one of our tagging trailer supervisors. Over the years Brian has spent a lot of time at the White River Hatchery tagging Richard's fish. Brian informs me that both the otter and the frog are shamanic

creatures, and in NW Coast art the frog is often represented with its tongue out, or touching tongues with another creature – this represents sharing of knowledge. I thought this theme was very appropriate for an Enhancement Biologist.

Richard is a real class act, a gentleman and a scholar. It has always been a pleasure for our staff to work with him. The White River Hatchery is a real fisheries success story, and we would like to recognize him, and thank him, for all his years of good work and service to the resource.



Richard Johnson Retires



After 21 years of service here at Muckleshoot Tribe Richard decided to hang up his boots.

A large group celebrated this occasion with a luncheon on March 25th in the Fish Commission Chambers. Lunch was served at Noon, with roasting and recognition following.

"Quotes"

"Richard was our 'Plan A'. Thank you for helping us shape our department into something special and second to none."

■ Dennis Moore

"Pee Wee humbled by volunteer opportunity at White River Hatchery – (I just live up the road)"

■ Brian Footen

"Richard was always friendly and smiling and she would miss him on the breakfast line at the derbies"

■ Holly Coccoli

"I appreciated learning from Richard"

■ James Pierce

My supervisor always had my back and never threw me under the bus

■ Richard Johnson

"Richard got his nickname Pee Wee because when they (he and Dennis) first met him at the UW Hatchery, Richard had on a special white lab suit and looked like Pee Wee Herman, the TV guy from the 1980's"

■ Alex Baker

Richard was always smiling and a real pleasure to talk to, or even being in his presence. I naturally got a smile when I saw Richard because he was abeam if that's a word and if it's not it should be when referring to him. I know we all must retire but I will miss his presence in fisheries, we cannot have enough love amongst us.

■ Lena Chavez

Keta Creek Trout Derbies

The fishing derbies at Keta Creek hatchery are family oriented events for Tribal Members and their families. We serve breakfast, lunch, snacks and plenty of fun and games for all. Bait, tackle, ice, and fish bags are provided. Fish cleaning facilities are available.

- June 15 — Kids 12 and Under
- August 10 — Family Derby
- Sept. 28 — Fall Classic

Fishing prizes, Door Prizes, Contest prizes, Pee Wee's Pond, Etc.

Hours for all events 8:30 — 2pm

Call Gail Larsen with questions at (253) 876-3178

EMERGENCY PREPAREDNESS

Shelter-in-Place

What Shelter-in-Place Means

One of the instructions you may be given in an emergency where hazardous materials may have been released into the atmosphere is to shelter-in-place. This is a precaution aimed to keep you safe while remaining indoors. (This is not the same thing as going to a shelter in case of a storm.) Shelter-in-place means selecting a small, interior room, with no or few windows, and taking refuge there. It does not mean sealing off your entire home or office building. If you are told to shelter-in-place, follow the instructions provided in this Fact Sheet.

Why You Might Need to Shelter-in-Place

Chemical, biological, or radiological contaminants may be released accidentally or intentionally into the environment. Should this occur, information will be provided by local authorities on television and radio stations on how to protect you and your family. Because information will most likely be provided on television and radio, it is important to keep a TV or radio on, even during the workday. The important thing is for you to follow instructions of local authorities and know what to do if they advise you to shelter-in-place.

How to Shelter-in-Place

At Home:

Close and lock all windows and exterior doors.

- If you are told there is danger of explosion, close the window shades, blinds, or curtains.
- Turn off all fans, heating and air conditioning systems.
- Close the fireplace damper.
- Get your family disaster supplies kit and make sure the radio is working.
- Go to an interior room without windows that's above ground level. In the case of a chemical threat, an above-ground location is preferable because some chemicals are heavier than air, and may seep into basements even if the windows are closed.
- Bring your pets with you, and be sure to bring additional food and water supplies for them.
- It is ideal to have a hard-wired telephone in the room you select. Call your emergency contact and have the phone available if you need to report a life-threatening condition. Cellular telephone equipment may be overwhelmed or damaged during an emergency.
- Use duct tape and plastic sheeting (heavier than food wrap) to seal all cracks around the door and any vents into the room.
- Keep listening to your radio or television until you are told all is safe or you are told to evacuate. Local officials may call for evacuation in specific areas at greatest risk in your community.

At Work:

- Close the business.

- Bring everyone into the room(s). Shut and lock the door(s).
- If there are customers, clients, or visitors in the building, provide for their safety by asking them to stay – not leave. When authorities provide directions to shelter-in-place, they want everyone to take those steps now, where they are, and not drive or walk outdoors.
- Unless there is an imminent threat, ask employees, customers, clients, and visitors to call their emergency contact to let them know where they are and that they are safe.
- Turn on call-forwarding or alternative telephone answering systems or services. If the business has voice mail or an automated attendant, change the recording to indicate that the business is closed, and that staff and visitors are remaining in the building until authorities advise it is safe to leave.
- Close and lock all windows, exterior doors, and any other openings to the outside. If you are told there is danger of explosion, close the window shades, blinds, or curtains.
- Have employees familiar with your building's mechanical systems turn off all fans, heating and air conditioning systems. Some systems automatically provide for exchange of inside air with outside air – these systems, in particular, need to be turned off, sealed, or disabled.
- Gather essential disaster supplies, such as non-perishable food, bottled water, battery-powered radios, first aid supplies, flashlights, batteries, duct tape, plastic sheeting, and plastic garbage bags.
- Select interior room(s) above the ground floor, with the fewest windows or vents. The room(s) should have adequate space for everyone to be able to sit in. Avoid overcrowding by selecting several rooms if necessary. Large storage closets, utility rooms, pantries, copy and conference rooms without exterior windows will work well. Avoid selecting a room with mechanical equipment like ventilation blowers or pipes, because this equipment may not be able to be sealed from the outdoors.
- It is ideal to have a hard-wired telephone in the room(s) you select. Call emergency contacts and have the phone available if you need to report a life-threatening condition. Cellular telephone equipment may be overwhelmed or damaged during an emergency.
- Use duct tape and plastic sheeting (heavier than food wrap) to seal all cracks around the door(s) and any vents into the room.
- Write down the names of everyone in the room, and call your business' designated emergency contact to report who is in the room with you, and their affiliation with your business (employee, visitor, client, and customer.)
- Keep listening to the radio or television until you are told all is safe or you are told to evacuate. Local officials may call for evacuation in specific areas at greatest risk in your community.

At School:

- Close the school. Activate the school's emergency plan. Follow reverse evacuation procedures to bring students, faculty, and staff indoors.
- If there are visitors in the building, provide for their safety by asking them to stay – not leave. When authorities provide directions to shelter-in-place, they want everyone to take those steps now, where they are, and not drive or walk outdoors.
- Provide for answering telephone inquiries from concerned parents by having at least one telephone with the school's listed telephone number available in the room selected to provide shelter for the school secretary, or person designated to answer these calls. This room should also be sealed. There should be a way to communicate among all rooms where people are sheltering-in-place in the school.
- Ideally, provide for a way to make announcements over the school-wide public address system from the room where the top school official takes shelter.

In Your Vehicle

If you are driving a vehicle and hear advice to "shelter-in-place" on the radio, take these steps:

- If you are very close to home, your office, or a public building, go there immediately and go inside. Follow the shelter-in-place recommendations for the place you pick described above.
- If you are unable to get to a home or building quickly and safely, then pull over to the side of the road. Stop your vehicle in the safest place possible. If it is sunny outside, it is preferable to stop under a bridge or in a shady spot, to avoid being overheated.
- Turn off the engine. Close windows and vents.
- If possible, seal the heating/air conditioning vents with duct tape.
- Listen to the radio regularly for updated advice and instructions.
- Stay where you are until you are told it is safe to get back on the road. Be aware that some roads may be closed or traffic detoured. Follow the directions of law enforcement officials.

Local officials on the scene are the best source of information for your particular situation. Following their instructions during and after emergencies regarding sheltering, food, water, and cleanup methods is your safest choice.

Remember that instructions to shelter-in-place are usually provided for durations of a few hours, not days or weeks. There is little danger that the room in which you are taking shelter will run out of oxygen and you will suffocate.

Public Works/Solid Waste

GREAT NEWS FROM SOLID WASTE!!!



Requesting a dumpster is easier than ever! Come on in to the Water Treatment Facility and fill out the request form. It's that simple! Our goal is to make it easier for everyone that needs a dumpster to get one.

If you are in need of help, or if you are an elder, or if you just can't make it to the office to complete your paperwork you can give us a call and we would be happy to do it for you, 253-876-2975.

As a reminder... all Tribal Members who reside within 30 miles of the chimney are eligible to receive up to 4 dumpsters per year. Please follow a few simple rules to make it easy on the Solid Waste staff to pick up and deliver your dumpster.

1. You must be present at the time we drop off your dumpster to sign for delivery and then also when we pick it up.

2. Please make sure that you do not block the dumpster with vehicles.

3. You will only have the dumpster for 3 business days and then we will automatically come out to pick it up.

4. For the safety of all please do not over fill the dumpster, we have to drive up and down the highway with the dumpsters on the back of the truck.

5. The dumpsters are delivered on a first come first served basis, we have 14 dumpsters that are in circulation at any one time.

6. If you live in housing please continue to go through your Occupation Specialist.

***Important – The following items can be recycled or require special handling: appliances, TV's, Computers, Monitors, Laptops, Cell phones, car batteries, motor oil, paint, and yard debris. DO NOT PLACE THOSE ITEMS IN A DUMPSTER BRING TO SOLID WASTE RECYCLING STATION.**

Free Estate Planning and Will Drafting Service for Muckleshoot Members

The Institute for Indian Estate Planning and Probate at Seattle University School of Law will be assisting the Muckleshoot Tribe of Indians starting June 6, 2013, to draft new wills OR change existing wills that will comply with Tribal, State, and Federal law. An intern with the Institute will be working under the direction of Attorney Erica Wolf, out of the **Philip Starr Building**.

You need a will if:

- You are over 18
- You have, or may acquire, trust land, non-trust land, or personal property
- You have children or step-children under 18
- You want to leave property to someone who is **not** in your immediate, blood family
- You want to leave income from an interest to a non-Indian spouse.
- You want to stop further fractionation of your land

If you pass away without a will, the American Indian Probate Reform Act (AIPRA) will determine who will receive your trust land, but with a will you have many more options! If you are interested in learning more or having your will written, please contact Muckleshoot Realty @253 876-3134

All services are free to any American Indian, regardless of tribal enrollment or ownership of trust land.



Parents/Guardians,
Here some great resources for you and your family!

C. Michael Aaron, Superintendent of the
Muckleshoot Tribal School

Regardless of what constitutes your "family", the feeling of being a family member is important for the healthy growth and development of your children. Building family bonds with memories and traditions can help support your children's sense of security. Whether you are a two-parent family or a single parent, you can give children a sense of family by:

Holding Family Meetings:

Meetings help bring the family together. Kindergarten-age children are capable of being part of a short and simple meeting. Starting early will establish the family meeting as a tradition. Plan meetings to discuss and write down family rules and the consequences of disobeying them. Hold meetings to discuss good things, too. Meetings can be held to celebrate a school or family success or to decide how to reinforce and increase progress.

Doing Things Together:

There could include: Singing. Listening to the rain. Flying kites. Making mud pies. Making dandelion crowns. Drawing pictures on the sidewalk with chalk. Having a tea party. Taking walks or riding bikes. Playing games. Going to the movies. Reading. Simply being together!

Preventing Isolation:

While it's natural for children to seek out some privacy, isolation within their own family is a problem that must be addressed. Use your active listening skills to draw out any of your children who seem isolated, and find out if something is wrong.



MTS 6th graders win 'Red Cross-Safe in the Sound' video contest

The Seattle Red Cross held a contest that gave students the opportunity to get involved to show Washington residents how to properly be prepared in case of an emergency. Their job was to make a video that depicted the necessary precautions and what to do in the case of a natural disaster. Students in Ms. Trinidad's science class prepared a video that talked about what to do in case of an earthquake. The stars of the video include: Malia Irving, Katelyn Panganiban, Waylon McMillan, Azela Weed, and Terron Galicia. The video was edited by 8th grader, Norman Robinson. The students won for the middle school level and were awarded \$500. The six students will be celebrating by using the money for a field trip to Bullwinkles in Tukwila.

HOMEWORK HELP ONLINE

- <http://www.timeforkids.com/homework-helper>
- <http://kids.yahoo.com/learn>
- <http://www.scholastic.com/kids/homework/>
- <http://kids.usa.gov/>
- <http://www.infoplease.com/homework/>
- http://kidshealth.org/kid/feeling/school/homework_help.html



Each MIT Department is responsible for keeping the community informed about its activities and offerings by submitting items to the newspaper. If you like what you see, thank them.



MTS Cheerleading Exhibition

On Saturday March 30, the Muckleshoot Tribal School Cheerleaders hosted the first cheerleading exhibition for our B league. There were three schools in attendance: Evergreen Lutheran High School, Christian Faith High School, and Muckleshoot Tribal School. Each cheerleading team performed a cheer and dance routine. All the teams participated in ice breakers and a large dance routine.

The teams made Beauty Bags by decorating paper bags

with glitter and kind uplifting messages. They filled the bag with socks, nail polish, nail files, eye shadow, lotion, and sleeping masks. These Beauty Bags will be donated to young girls and teens at Children's Hospital. The event was a huge success and we are now making this an annual event for the cheerleading teams in the B league!

GO KINGS!





Middle School Track Team Gives it Their All

The Middle School Track team had its first meet of the season on April 23rd at Chief Leschi. I am so proud of how our team of seven 6th graders competed with heart, determination, confidence and integrity. Congrats to MTS's first middle school boys relay team for finishing in 3rd place, Erick Elkins for a 1st place finish in the hurdles, Terron Galacia finishing 5th in the high jump, Ryan Thompson for a 5th place finish in the 800m, LauraLee Redthunder finished 8th in the long jump and Shai Yallup got 6th in the shot put and 7th in the discus. These athletes represented MTS with over 20 participants in most events. Please help me in congratulating the following students on an outstanding performance!

- | | |
|---|--|
| <p>Terron Galacia</p> <ul style="list-style-type: none"> • 100M-15.15 (15th) • High Jump- 4ft (5th) • Long Jump-9'10 (21st) | <p>LauraLee Redthunder</p> <ul style="list-style-type: none"> • 100M-17.51 (22nd) • Long Jump-10'2 (8th) |
| <p>Erick Elkins</p> <ul style="list-style-type: none"> • Hurdles-15.92 (1st place!) • 100M-15.19 (18th) • 400M-82.24(16th) • 1600M-6:55 (13th) | <p>Katelyn Panganiban</p> <ul style="list-style-type: none"> • 100M-18.09 (24th) • 400M-1:34 (15th) |
| <p>Ryan Thompson</p> <ul style="list-style-type: none"> • 400M-79.89 (15th) • 800M-3:05 (5th) • 1600M-6:40 (11th) | <p>Shai Yallup</p> <ul style="list-style-type: none"> • Shot Put-17' (6th) • Discus-38'11(7th) • Long Jump-6'0 (14th) |
| <p>Fabian Mondejar</p> <ul style="list-style-type: none"> • 400M-1:40 (21st) • 800M-3:57 (12th) • Discus-38'6(13th) • Shot Put -14 (18th) | |

The Muckleshoot Middle School Track team had its second league meet of the season Tuesday, April 30th with many top 10 finishers. Leondra Keeline finished 1st place in the shot put and discus! River Allen got 1st in the discus and 6th in the high jump! Erick Elkins earned a 2nd place finish in the hurdles, 7th in the 100m, and 8th in the mile. Terron Galacia finished 8th in the 100m and in the high jump. Shai Yallup got an impressive 6th in the shot put. Ryan Thompson battled his way to get 9th in the mile. Lauralee Redthunder got 9th in the long jump and Katelyn Panganiban took 3rd in her heat in the 400m.

Please come see these athletes in action during our final meet on May 21st at Chief Leschi starting at 3:30pm.

Taneisha Tilque

Middle School Track Coach



Traditional Song & Dance

Students start the day off with a rousing song and dance session, getting perked up for a day of classes while learning more about their culture of the Northwest Coast.



HS Track Athletes Compete in League Championship Meet

OLIVIA HO SETS RECORD IN LONG JUMP

Our high school track athletes competed in their League Championship meet yesterday at West Seattle Stadium. Our athletes had many impressive events!

Olivia Ho took 1st in the 100m, 5th in 100 hurdles, 1st in the long jump and 11th in the 200. Olivia is our league champion in the 100 and long jump! She also set a league record in the long jump, with a jump of 15 feet, 4 inches. She will be advancing to sub districts in the 100, hurdles and long jump.

Kacey Heffington placed 4th in the 800, 4th in the 100 hurdles, and third in the long jump! She will be advancing to sub districts in all three of these events!

Brooke Wellman placed 9th in both the shot put and discus. She got an impressive personal record!

Fidencio Ortiz took 1st in the shot put, and 5th in the

long jump. He also participated in the boys 4x100 relay. Fide is our league champion in the shot put! He will be advancing to sub districts in both shot put and long jump! Ben Lazzar took 3rd in the shot put and 7th in discus. He will be advancing to sub districts in the shot put!

Raymond Eyle took 4th in the shot put and 3rd in discus. He will be advancing to sub districts in the shot put and discus!

Sampson Sam placed 7th in the shot put, 16th in the discus and participated in the boys 4x100 relay.

Alvin Allen placed 7th in the long jump and participated in the boys 4x100 relay.

Buddy Brendible participated in the boys 4x100 relay.

We are very proud of all of our athletes! Olivia, Kacey, Fide, Ray and Ben all be advanced to the sub-districts! Way to go Kings!





HEAD START CLASS FROM YEARS AGO. This is the third of three early Head Start photos provided for the newspaper by Virginia Cross. We hope you've enjoyed them. This War on Poverty-era program was one of the first building blocks upon which the entire tribal organization of today was built.

Please join us at the
COMMUNITY WRITING CENTER

OUR WRITING SPECIALISTS ARE AVAILABLE TO SUPPORT YOUR INTEREST IN WRITING FOR SCHOOL, PERSONAL CREATIVITY, AND/OR BUSINESS

ALICIA WOODS
Alicia.Woods@muckleshoot.net

PHOENIX RAINE
Phoenia.raine@mtc.edu

Email to schedule an appointment or visit the website for more information:
www.muckleshoottribalcollege.org

It's a great time to come get
your GED
Before the test changes in 2014

Muckleshoot Tribal College, 9-5
GED Instructors: Laurie 253 876-3256,
Alicia 253 876-3375

TRIBAL GRADUATION DATES SET

The following list includes other local graduation events that may be of interest to the Muckleshoot Community. MIT-sponsored events are *those with a "mark"*.

WEDNESDAY, JUNE 5

- MIT Head Start, 10:00 AM, Pentecostal Church

FRIDAY, JUNE 7

- Muckleshoot Tribal School 12th Grade Graduation, 5:00 PM, MTS Gymnasium

SUNDAY, JUNE 9

- Evergreen State College Reservation-Based Community Determined Program, 12:00 PM, TESC Longhouse

MONDAY, JUNE 10

- Enumclaw School District High School Graduation, 7:00 PM, White River Amphitheatre

TUESDAY, JUNE 11

- MTS Kindergarten, 5th & 8th Grades, 10:00 AM, MTS Gymnasium

FRIDAY, JUNE 14

- MIT Birth to Three, 12:00-3:00 PM, Trip to Northwest Trek
- Northwest Indian College, 5:00 PM, Wex Li'em Community Building, Bellingham

SATURDAY, JUNE 15

- Auburn Mountain View HS, 11:00 AM, Auburn Memorial Stadium
- West Auburn HS & Virginia Cross Native Education Center, 1:00 PM, Auburn Performing Arts Center
- Auburn Riverside HS, 4:00 PM, Auburn Memorial Stadium

SUNDAY, JUNE 16

- Auburn High School, 4:00 PM, Auburn Stadium

THURSDAY, JUNE 20

- MIT Higher Education Dinner, 6:00-9:00 PM, Casino Conference Rooms – Old HR Wing

SUNDAY, JUNE 23

- Antioch University, 1:00 PM, Westin Hotel, Downtown Seattle

The GED test is changing!!!!
2013 is the last year to complete
the GED paper test.
Come to the GED center at MTC for:

- "Tutoring"
- "Online GED Resources"
- Books and study materials

For more information visit:
www.muckleshoottribalcollege.org
253 876-3375
Or email:
alicia.woods@muckleshoot.net

Open 9-5 with limited staff

The Muckleshoot Tribal College GED program presents...

BE 100% READY TO PASS THE GED BY ATTENDING OUR SMALL GROUP WORKSHOPS:

Winter Stories: Sit with a small group and talk about Native stories we read... you won't even realize the reading skills you are building that will help you pass the GED

Math Magic: Unleash the secrets to solving the math problems you will encounter on the GED

GED Mastery Timeline: Each week you will be presented with a new, useful tool that will help you master the GED

Movie Madness: "Annapurna" what you know about history by watching the best, award-winning movie from a Native perspective.

Promoting indigenous self-determination and knowledge

Rooted in Cultural Knowledge
Bachelor and Associate Degrees
7 Pacific Northwest Campuses

NORTHWEST INDIAN COLLEGE
www.NWIC.edu
253.876.1111
30011 Auburn, Everett, Bellingham, WA
Auburn, WA 99502

Graduation Season is Coming...Soon!

Help us in honoring your special graduate. If your child will be graduating from Kindergarten, Fifth, Eighth or Twelfth grade in 2013 and lives locally but attends school outside of the Auburn, Enumclaw or Muckleshoot school districts, the Department of Education wants to know about them.

Please contact the Muckleshoot Department of Education so that your graduate can be included in being honored by the community.

You may call Rachel Heaton at 253-876-3278 or Faline Marsette at 253-876-3075
Thank you

Calling all Graduates/Program Faculty/Invited Guests of

The Evergreen State College

Reservation Based Community Determined Program
"Movin' on Celebration" for Michelle Aguilar-Wells, Program Director

Saturday, June 8, 2013 ~
Potluck Luncheon: 12:30 p.m.
Native Elders Honoring "Movin' on Celebration" - 1:30 p.m.
The Evergreen Longhouse Welcoming Center
Please RSVP at
rbcprog@evergreen.edu/360.867.6286



Each MIT Department is responsible for keeping the community informed about its activities and offerings by submitting items to the newspaper. If you like what you see, thank them.

Eileen Richardson selected for new position as Muckleshoot Language Program Director



I am extremely pleased to welcome Eileen Richardson as our new Muckleshoot Language Program Director!

Eileen has served the Muckleshoot Department of Education for the past thirteen years. From 2007 to the present, Eileen worked as the Muckleshoot Language Specialist teaching language in all of our MIT Early Childhood Education programs; from 2005-2007, Eileen worked as a Muckleshoot Language Teacher at the Muckleshoot Tribal School; from 2003-2005, Eileen worked as a Bus Driver/Classroom Assistant for the MIT Birth-to-Three Program and from 2000-2003, Eileen worked as an Instructional Assistant for the Muckleshoot Head Start Program. Eileen's entire professional career has been committed to achieving educational excellence for the Muckleshoot Indian Tribe.

We are truly looking forward to Eileen's leadership as our new Muckleshoot Language Program Director. Please join me in welcoming Eileen to her new position.

Congratulations Eileen!

Joseph Martin
ATOM/Education

Head Start Wants Your Child!

2013-2014 enrollment open now!

Muckleshoot Head Start offers:

- Free full and half day educational programs!
- Free breakfast, lunch and snack
- Free transportation
- Special services
- Current physical
- Current dental exam
- Income verification
- Guardianship papers if applicable

To apply, bring in the following documents:

- Child birth certificate
- Child social security
- Child/parent Tribal enrollment verification

I would love to answer your questions and get you started on the application TODAY! For additional information, call Leonie Rodarte at 253-876-2997, or email at leonie.rodarte@muckleshoot.nsn.us.

Once upon a time at Head Start...

During one of our Head Start monthly staff meetings the employees were asked to take ten seconds each and write our "Head Start story". The following is how it came together:

Once upon a time...

- ~ We worked with children and loved to eat cookies and milk.
- ~ Teacher Casey, the shining star because she works like teacher M: her hero.
- ~ This Head Start, all of our wildest dreams come true.
- ~ Where the children learn and play.
- ~ Where we meet new student's everyday and enjoy the company of our friends.
- ~ Learn new ways to educate children and to also educate parents, fathers to be more involved with family.
- ~ Where all staff and families are on the same page with a cohesive child motivated focus for our families, our school is great.
- ~ There is no "I" in team, that's why we pick each other up with warm friendly hands and big smiles on our faces.
- ~ Our staff makes Head Start place children want to come to everyday.
- ~ That's because we are all here for the best interest of every child.
- ~ Every child has the right to be educated in a friendly loving place, we are great.
- ~ And that folks is how we do business at Muckleshoot Head Start.



Underwater Egg Hunt Winners for 2013:



Aaliyah Mclean

Sage Bakke



Hadrian Ramirez

Dakota Dye

Tyrell Nichols



Thank you!

We at the Wellness Center Pool would like to thank everyone for participating in this year's Underwater Egg Hunt. It was very successful with 100 youth attending the event. The egg hunt was held at the Wellness Center Pool on March 28, 2013 at 5:30 pm. We had five winners for the prize baskets and everyone else received toys and candy for participating. The children really had a lot of fun and hopefully we will see you again next year. Again, thank you for coming to this year's event.

Sincerely,
Pool Staff

Muckleshoot Pentecostal Church

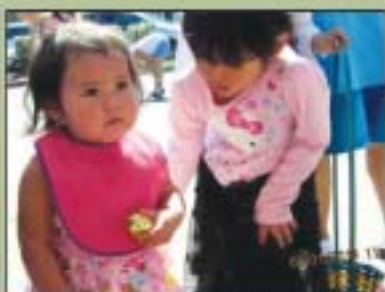
April Events

Photos by Beautiful Seed

Easter Sunday Play and Feast



Youth narrated a play of the Easter events that occurred between the death and resurrection of Christ while the children sang songs.



Children had an egg hunt before the community feast with 3 hidden, golden eggs.



Supaman Free Concert



Christian Parrish, aka: Supaman, from Crow Agency, Montana put on a free rap concert for the youth and community. He gave out free CD's of his new album, Gorilla now available on iTunes.



The King's League is a free basketball league for church and community members that meet every Saturday evening at 6:30pm. They compete for a golden basketball in display in the church's trophy case. The league consists of over 70 participants with 4 different teams.



Keep Your Heart in Check - Know Your Blood Pressure Number!

Our family, friends and loved ones are very precious. That is why we need to support each other in life and in health. If you have high blood pressure, you are more likely to have heart disease.

What is high blood pressure?

High blood pressure occurs when the pressure of the blood in the blood vessels stays high over a period of time. High blood pressure makes the heart work harder. It can harm your heart, your kidneys and your eyes. High blood pressure can cause heart attack, kidney failure and even death.

Check it out!

High blood pressure usually has NO signs or symptoms. The only way to know you have high blood pressure is to get it checked. Come to the HWC medical clinic to get your blood pressure checked at least once a year. Check it more often if you have high blood pressure.



Try These "5 Tips" to Prevent and Control high blood pressure:

1. Eat foods low in salt and sodium, saturated fat and cholesterol. Also watch your calories.
2. Fruits, vegetables, nonfat or low fat dairy products, cooked dry beans and peas, fish, poultry, lean meats, nuts and grain products, especially whole grains are heart-healthy choices.
3. Take off extra weight by cutting down on calories, eating smaller portions and being more physically active.
4. Cut back on alcoholic beverages. If you drink alcohol during celebrations with your family, do so in small amounts. This means no more than one drink a day for women and two drinks a day for men.
5. Take your blood pressure medicine as your doctor tells you.

For more information regarding blood pressure and ways to manage it, contact the HWC medical clinic at (253) 939-6648

Learn How To Read Your Blood Pressure Number.
Blood pressure is always given as two numbers, systolic and diastolic. For example, 120 over 80 is written like this: 120/80. The top number (120), systolic, tells you the pressure of the blood when the heart is beating. The bottom number (80), diastolic, is the pressure when the heart is at rest.
What is your blood pressure?

Know Your Number!

- Less than 120/80 is normal.
 - 120/80 to 139/89 is prehypertension.* Your blood pressure could be a problem. Act now.
 - 140/90 or more is high blood pressure.
- *Hypertension is the medical term for high blood pressure.

The Muckleshoot Wellness Center

Will be OPEN to the Muckleshoot Community for OPEN GYM on Sundays 4-6pm

Starts Sunday 4/14!

- ◆ For Muckleshoot Community Members
- ◆ Only the gymnasium will be open
- ◆ All other Wellness Center areas and services will be closed
- ◆ Wellness Café will not be open
- ◆ This is a trial opening and will continue until further notice

For more information please contact the Wellness Center Front Desk at 253-333-3616

"Your Suggestions Count"

The Muckleshoot Health & Wellness Center offers "suggestion boxes" where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not "incident reports", but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Muckleshoot Optical

NOW OFFERING SUNGLASSES

Stop in to the Optical Department today to see the collection we have to offer! Sunglasses are not a covered option by Contract Health Services.

Featuring: *Gucci, Juicy Couture, Nike, Bebe, Caviar & Koali*

(253)939-6648



Each MIT Department is responsible for keeping the community informed about its activities and offerings by submitting items to the newspaper. If you like what you see, thank them.

NEED A "MEETING" TO HELP YOU !! ?

Alcoholics Anonymous – AA & Narcotics Anonymous NA Meetings on the Rez

Tuesday 12:00-1:00pm A.A.
M.I.T. Recovery House
39225 180th Ave S.E.
Auburn, WA

Is Heroin Running Your Life? There is help.

Call 253-804-8752

Help in Quitting Smoking!



The Muckleshoot Health & Wellness

Center uses and endorses the

Washington State

Quitline

to assist in stopping smoking.

Call

1-800-QUITNOW

for free and effective help in quitting smoking.

Did you know the earliest signs of diabetes can be found in your mouth?

Did you know that a vital part of both preventing and managing type 2 diabetes, is seeing your dentist and hygienist regularly?

- Today we know that diabetes and periodontal disease (disease of the gums) are closely linked.
- 85% of Americans with diabetes have periodontal disease.
- Periodontal disease makes it more difficult for diabetes to control their blood sugar, which can lead to other diseases.



This is how it happens for diabetics.

- Periodontal (gum) disease allows bacteria to create an infection in the gums.
- This infection is released into the body.
- The bacteria prevent the body from controlling glucose levels in the body.
- This results in higher levels of blood sugar which makes controlling diabetes much more difficult.

Signs that you may be at risk for diabetes.

- Do your gums bleed when you brush or floss?
- Do your teeth look longer than they used to?
- Are you missing any teeth?
- Are your gums frequently sore?

How can having regular dental checkups improve my health?

- Regular checkups allow your dentist to diagnose pre-diabetes and early symptoms of type 2 diabetes.
- If spotted and treated early, type 2 diabetes can often be controlled or even prevented through diet and medication.
- In addition, regular checkups allow your dentist to keep up with changes to your health that may affect your teeth and gums.

If you would like to find out more or arrange for an exam, come see us at Muckleshoot Health & Wellness Center Dental Clinic.
Muckleshoot Health & Wellness Center Dental Clinic Hours:
Monday, Tuesday, Thursday, Friday 8:00am-5:00pm, Wednesday 8:00am-5:00pm
Phone Number: (253) 939-2132

FAQ's ON PROBLEM GAMBLING



What is problem gambling?

Problem gambling includes all gambling behavior patterns that compromise, disrupt, or damage personal, family, or vocational pursuits. The essential features are increasing preoccupation with gambling, a need to bet more money more frequently, restlessness or irritability when attempting to stop, "chasing" losses, and loss of control manifested by continuation of the gambling behavior in spite of mounting, serious, negative consequences. In extreme cases, problem gambling can result in financial ruin, legal problems, loss of career and family, or even suicide.

What kind of people become problem gamblers?

Anyone who gambles can develop problems if they are not aware of the risks and do not gamble responsibly. When gambling behavior interferes with finances, relationships, and the workplace, a serious problem already exists.

Do casinos, lotteries, and other types of gambling "cause" problem gambling?

The cause of a gambling problem is the individual's inability to control the gambling. This may be in part because of a person's genetic tendency to develop addiction, his or her ability to cope with normal life stress, and even his or her social upbringing and moral attitudes about gambling. The casino or lottery provides the opportunity for the person to gamble. It does not, in and of itself, create the problem any more than a liquor store would create an alcoholic.

What is the responsibility of the gaming industry?

Everyone who provides gambling opportunities has a responsibility to develop policies and programs to address underage and problem gambling issues.

How much money do you have to lose before gambling becomes a problem?

The amount of money lost or won does not determine when gambling becomes a problem. Gambling becomes a problem when it causes a negative impact on any area of the individual's life.

WALK AWAY FROM GAMBLING

Sponsored by:



Health & Wellness Center Program Hours

	Pharmacy	Wellness Center	*Shuttle Service
Monday	8-5 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm	10)am- 8 pm	9-9 pm
Wednesday	9-5 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm	10 am-8 pm	9-9 pm
Saturday		10 am-2 pm	10-2 pm
Sunday	All Programs Closed		

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	12:00-1:00
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures for June-Sept 2013

Day	Date	Times Closed	Reason for Closure
Monday	05/27/13	All Day	Memorial Day
Thursday	06/06/13	8-9 am	Monthly All Staff Meeting
Thursday	07/04/13	All Day	4 th of July
Thursday	08/04/13	8-9 am	Monthly All Staff Meeting
Friday	08/30/13	All Day	Employee Appreciation Day
Monday	09/02/13	All Day	Labor Day

Behavior health Program announcement:

The Behavioral Health reception window is now open throughout the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork. If you have any questions, please call us at: (253) 804-8752



The Optical Department at the HWC!



The eyeglass benefits are the same as they've always been. One comprehensive eye exam once every 12 months. New lenses once every 12 months. Adults eyeglass frames once every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHC optical department. We are also offering contact lenses and necessary supplies for contacts.

The Optical Department is a Tribally-owned business. Patients must meet CHSeligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648. Optical Department open regular HWC business hours.



Dental Clinic Location & Hours (253) 939-2131

We are located on the 2nd floor of the Health & Wellness Center.

Appointment Times	Emergency Walk In Times
Monday 8:00am-5:00pm	8:00-8:30 am.
Tuesday 8:00am-5:00pm	8:00-8:30 am
Wednesday 9:00am-5:00pm	1:00-1:30 pm
Thursday 8:00am-5:00pm	8:00-8:30 am
Friday 8:00am-5:00pm	8:00-8:30 am
Closed Daily 12:00-1:00pm	

What are the signs of depression?

- Physical**
- Sleep disturbances-insomnia, oversleeping, waking much earlier than usual
 - Changes in appetite or eating: much more or much less
 - Decreased energy, fatigue
 - Headaches, stomach aches, digestive problems, or other physical symptoms that are not explained by other physical conditions or do not respond to treatment
- Behavioral/Attitude**
- Loss of interest or pleasure in activities that were once enjoyed, such as going out with friends, hobbies, sports, etc.
 - Difficulty concentrating, remembering, or making decisions
 - Neglecting responsibilities or personal appearance
- Emotional**
- Persistent sad or "empty" mood, lasting two or more weeks
 - Crying "for no reason"
 - Feeling hopeless, helpless, guilty, or worthless
 - Feeling irritable, agitated, or anxious
 - Thoughts of death or suicide



What can you do to help a depressed friend?

- ACT: Acknowledge, Care, Tell**
- Acknowledge that you are seeing signs of depression in a friend and that it is serious
 - Care: Let your friend know that you care about him or her and that you are concerned
 - Tell someone you trust and call for help

Who can you call to get professional help?

- If someone you care about is in an emotional crisis or acknowledges suicidal thoughts
- Call 911
 - Call the Crisis Line at (206) 461-3222 or toll-free 1-800-427-4747
 - Contact the Muckleshoot Behavioral Health Program at (253) 804-8752
 - Call the National Suicide Prevention Lifeline to get help at 1-800-273-8255

Dentures Slipping???? IT MAY BE TIME FOR A DENTURE CHECKUP!



Give us a call...
HWC Dental Clinic
253-939-6648.
We are here to help!

KNOW THE SIGNS OF DIABETES

Signs that you might have diabetes include:

- Frequent urination (peeing)
- Excessive thirst
- Excessive hunger
- Weakness and fatigue or feeling tired all the time
- Frequent skin, gum, or bladder infections that don't go away easily
- Blurred vision
- Tingling and numbness in your hands and feet
- Dramatic weight loss

What to do if you experience signs of diabetes:

Make an appointment with your provider at the Muckleshoot Health Clinic to find out if you have diabetes. Call today at 253-939-6648.

TREATMENT WORKS!!!

- The benefits of getting treated if you have diabetes:
- You will feel better
 - Your risk for having a heart attack, stroke, or other medical problems will go down

Having a problem with pain pills?
Does your life revolve around pills?
If pills control you instead of you controlling the pills.....

Suboxone (Sub-ox-own) referrals and treatment now available @ HWC!

Help for prescription pain medication dependence is now being offered through the Health and Wellness Center. Suboxone is also used in the treatment of other opiate-based or synthetic opiate drug dependence. These drugs include: Oxycodone/Oxycontin, Hydrocodone, Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

SUBOXONE at the appropriate dose can:
Reduce illicit opioid use
Help patients stay in treatment
Suppress symptoms of withdrawal
Decrease cravings for opioids

The Health and Wellness Center has a medical provider licensed to prescribe suboxone.

For more information please contact Behavioral Health at (253) 804-8752

FIBROMYALGIA



SYMPTOMS:

- MUSCLE PAIN
- TENDER JOINTS
- FLU-LIKE SYMPTOMS
- HEADACHES
- DEPRESSION AND ANXIETY
- STOMACH PAIN
- DIARRHEA OR CONSTIPATION
- BLADDER PAIN OR NEED TO URINATE IN A HURRY OR OFTEN
- PROBLEMS WITH THE JAW

There's Hope...

Treatment for fibromyalgia is individualized for each person. In general, treatment may include:

- Medicines to relieve pain, improve sleep, or improve mood
- Physical therapy to learn exercises and stretches
- Relaxation therapy
- Working with a counselor

If you have any questions, call your HWC provider at (253) 804-8752

Note: Your provider may suggest that you take a medicine normally used to treat depression or seizures. If so, be open to trying it. Even if you are not depressed and do not have seizures, these medicines may help. That is because they work on the brain areas that deal with pain.

CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS

CHS OFFICE (253) 939-6648

- Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre-authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
- In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
- Prior notification does not guarantee CHS pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

What is heroin?

Heroin is an illegal, highly addictive drug. It is both the most abused and the most rapidly acting of the opiates. Heroin is a naturally occurring substance extracted from the seed pod of certain varieties of poppy plants. It is typically sold as a white or brownish powder or as the black sticky substance known on the streets as "black tar heroin." Although purer heroin is becoming more common, most street heroin is "cut" with other drugs or with substances such as sugar, starch, powdered milk, or quinine. Street heroin also can be cut with strychnine or other poisons. Because heroin abusers do not know the actual strength of the drug or its true contents, they are at risk of overdose or death. Heroin also poses special problems because of the transmission of HIV and other diseases that can occur from sharing needles or other injection equipment.

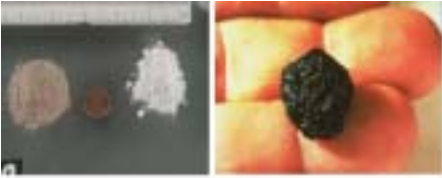


How to tell if someone is using

- Nodding out when talking to someone
- Throwing up
- Nausea
- Itching and scratching
- Weight loss
- Runny Nose
- Droopy look to a person
- Slowed speech

Evidence of Heroin Use

- Burnt gum wrappers, foil
- Burnt or missing spoons
- Pipes, rolling papers, etc
- Mood swings
- Irritability
- Diminished self-esteem
- Depression
- Change in interests



How do you find help?

Muckleshoot Behavioral Health Department

Phone (253) 804-8752

Walk-in assessment times:
Tuesday 10am, 1pm, and 3pm
Wednesday 10am, and 1pm

Cooking Classes at Muckleshoot!

Class Date:
May 23rd, 2013
 (2:00 PM to 3:00PM)

Join us in the River Conference Room

In Collaboration with Kate Mediema, Dietitian and WIC staff. Sign-up today at the WIC office or with Kate (253-939-6648, x3422). Family members welcome! Come try some food!

Join the fun with delicious new recipes!

Attend 4 classes and get a cookbook!



Congratulations Fred LaClair on your beautiful new Elders home.

Birth to Three Family Field Trip

The Muckleshoot Birth to Three program took a family field trip to the Tacoma Children's Museum on Friday April 19, 2013. This was a great time to connect with families on how their children are doing at school and at home. Family fieldtrips are very helpful in fostering the important connections between home and school.

We had such fun getting to play and explore with our students in a new environment! The Tacoma Children's Museum has many different areas and activities that support children's growth through play by addressing age-appropriate development, especially in the areas of creativity, social and emotional skills, cognitive and critical thinking skills, gross and fine motor development, and early literacy learning. Please check out their information on the internet.

Birth to Three is planning more family fieldtrips in the near future. For more information on the Muckleshoot Birth to Three Program please call the Muckleshoot Early Childhood Education Center at 253-876-3056



NEWS FROM THE MUCKLESHOOT ELDERS CENTER

- | | |
|--------------------------|----------------------------|
| David Hennes—5/1 | Sharon Curley—5/17 |
| Daulene Pinkerton—5/2 | Barry Anderson Sr.—5/18 |
| Elizabeth James—5/2 | Penny Anderson—5/18 |
| Wesley G. LaClair—5/5 | Catherine Calvert—5/18 |
| Yvonne Johnson—5/5 | Isabelle Gleason—5/19 |
| Bonnie Graft—5/6 | Francine Ross—5/20 |
| Julie Wilson—5/7 | Amilia "Robin" Rivera—5/21 |
| Frederick Nelson—5/8 | Ivy Yanish—5/22 |
| Regina Bocatch—5/10 | Dena Starr—5/24 |
| Laura John—5/10 | Marvin Starr Sr.—5/25 |
| Rose D'ambrosio—5/11 | Mardee Rodrigues—5/25 |
| Benjamin WhiteEagle—5/11 | Daniel Jerry—5/25 |
| George Barr II—5/12 | Maria Carranza—5/26 |
| Luella Sandoval—5/12 | Marie Johnson—5/28 |
| Boyd Jones—5/12 | Fred Patterson Jr.—5/28 |
| Rosie Anderson—5/13 | Martin "Bear" Starr—5/30 |
| Rudolph Moses—5/15 | Nathan Barr Sr.—5/31 |
| Beverly Moses—5/16 | |
| Ella Mae WhiteEagle—5/16 | |
| Isaac "Jack" Starr—5/16 | |

*Wishing you all
Happy Birthday.*

We need your help!

Elder's complex is taking donations for our upcoming Elders Luncheon on May 22nd for Raffle and Door Prize items. Please feel free to drop them off at the elder's complex.

The staff has started the process of making homemade jam for the luncheon to hand out to elders. We can get 200 jars done with one case of mixed berries and our goal is 700 jars. Please feel free to come in and help!!

If you have any other ideas please let me know so we can order supplies purchased ahead of time.

We will have vendor tables at our luncheon again if you know of vendors who would like a table please have them contact me here ahead of time so we know we have enough space available.

Safety reminder from Elders complex

What are sharps?

"Sharps" is a medical term for devices with sharp points or edges that can puncture or cut skin.

Example of sharps includes:

- Needles
- Syringes
- Lancets "finger stick"
- Auto Injectors
- Infusion sets
- Connection needles/sets

Importance of Safe Sharps Disposal

Used needles and other sharps are dangerous to people and pets if not disposed of safely because they can injure people and spread infections that cause serious health conditions. Safe sharps disposal is important whether you are at home, at work, at school, traveling, or in other public places. Never place loose needles and other sharps (those that are not placed in a sharps disposal container) in the household or public trash cans or recycling bins, and never flush them down the toilet.

What to do if you are accidentally stuck by a used needle or other sharp

If you are accidentally stuck by another person's used needle or other sharp:

1. Wash the exposed area right away with water and soap or use a skin disinfect (antiseptic) such as rubbing alcohol or hand sanitizer
2. Seek immediate medical attention by calling your physician or local hospital

Spring Break weaving with students

We like to thank those students as well as elders who took time to come in on their busy week and weave with us. Your time and efforts are greatly appreciated.



A few elders and Staff went up mountains to check on cedar last week and looks like we be able to put up signup sheets soon. Feel free to call us and see when we are heading up mountains. Permit is required to go into certain area so this need to be done day ahead of trip with each person attending

Upcoming luncheon we will be going to Tulalip on May 30th 2013 you can mark it on your calendar to make sure and rearrange your appointments to come along with us this day.



Fishing trip

Men's fishing trip this year will not be until First June for Halibut or Mid August for ocean salmon fishing. Pending on opening for State halibut extensions Please watch for upcoming flyers.

Clam digging at Vashon

Clam digging is a process on its own getting over to Vashon Island and our wonderful liquid put a hold on the trip. June weather should be better? I hope we can have adult work training program come help our elders down the hill and do the digging for us again this year. Make sure and get your tags for oyster if you would like to take some home that day.



Lunch run reminders if you know you will not be home please call us by 11:00 a.m this is very much appreciated!

Lunch Sign in sheet. Just a few reminders as you come by for you lunch. Meals are for those 50 years and older, if younger you may purchase your meal for \$7.00. Elders are allowed two meals per day and each addition meal will cost the \$7.00.

Please Print- write clearly because we have to enter your name in the system for our Grant to pay for meals. These counts dictate what our grant budget.. SO please help us keep track of all the meals that our served here by our staff at the elders program.

Spring tips

Time to get ready for mosquito invasions with a little home remedy recipe I found on Face book for you. Here is an easy and pleasant repellent recipe you can make at home. Combine in a 16 oz bottle:
15 drops of lavender
¾ tsp. of vanilla extract
Fill bottle with water shake

Mariner 2013

Mariners ticket for this season available signup Sheet in hall way near dining room. If you received tickets already feel free to sign up again in case we have someone who is not available to attend. We can use you for back up last person. We do not want any ticket to go unused. Please if you can send us a picture of you day at the game so we can put in our newsletters.

- Mariner Vs Oakland
- May 10th 11th 12th
- Mariners Vs. Texas
- May 24th, 25th, 26th
- Mariners Vs. New York
- June 7th, 8th, 9th
- Mariners Vs. Oakland
- June 21st, 22nd, 23rd
- Mariner Vs. Chicago
- June 28th, 29th, 30th
- Mariner vs.LAA
- July 12th, 13th, 14th
- Mariner VS. Minnesota
- July 26th, 27th, 28th
- Mariner vs. Milwaukee
- August 9th, 10th, 11th
- Mainers VS. LAA
- August 23rd, 24th, 25th
- And last game
- Mariner Vs TB
- September 6th 7th 8th
- Enjoy the games!




Wendy Burdett 253-876-3259-Manager
Noreen Milne
253-876-3023
Events coordinator

Loretta Moses
253-876-3255
Admin staff

Anthony Gonzales
253-876-2887
transporter

Diane Dea-
253-876-2868
Service provider

Kitchen phone service is in their office not in cooking area so if you have menu – lunch questions 253-876-2888



**Please join your friends at Muckleshoot for a
Elders Luncheon at Emerald Downs**

Wednesday, May 22nd, 2013
Doors open at 10:00 am
Lunch Served at 12:00 pm

Emerald Downs
2300 Emerald Downs Dr.
Auburn, WA 98001

**Please RSVP to Noreen Milne 253-876-3023 or
Muckleshoot Elders Complex 253-876-2888**

Happy Birthday to My Girls!

Love,
Mom (grama) and Sissy (mommie)



Skylee Marie,
Happy Birthday baby girl!
Mommie Loves you so much!



Erika Ann,
Your the Best Sister
anyone could ask for!
I am Proud of You!
Love you so much!



Kylie Ann,
You make mommie
so proud!
I love you a whole bunch!




Marta Louisa,
You've always been
my girl, and you'll always
be my girl!
I love you lots Mommie!




Control your portions, control your diabetes


Thumb Tip = 1 teaspoon
Serving size = 1 teaspoon
Recommended to measure: butter, mayonnaise, oil



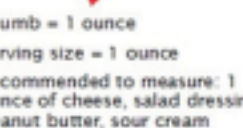
Your fist = 1 cup
Serving size = 1 cup
Recommended to measure: beverages, cereals, casseroles, soup, salads, fresh fruit




One handful = 2 ounces or 1/4 cup
Serving size = 2 ounces or 1/4 cup
Recommended to measure: 2 ounces of snack food or dry cereal, pasta, rice, beans, cooked veggies, ice cream



Thumb = 1 ounce
Serving size = 1 ounce
Recommended to measure: 1 ounce of cheese, salad dressing, peanut butter, sour cream



Your palm = 3 ounces
Serving size = 3 ounces
Recommended to measure: beef, pork, chicken, fish



Chip Pulling Housing Employee of the Month

The Muckleshoot Housing Authority is pleased to recognize long-time employee Chip Pulling as March's Employee of the Month. Chip is a true leader in the Maintenance Department with his positive attitude and willingness to serve our clients and his co-workers. We'd like to thank Chip for his dedication and good humor. We truly appreciate all that you do!



The Latest From The Social Services Department

Low Income Energy Assistance Now Available for Muckleshoot Tribal and/or Community Members

By Social Services Specialist, Linda A. Starr
Muckleshoot Resource Center, 253-876-3338

Applications are now being accepted for the Low Income Home Energy Assistance Program (LIHEAP) at the Muckleshoot Resource Center. Checklist for Energy Assistance includes:

- Application
- Social Security Number for every member of your household
- Income verification for every member of your household age 18 and older (No income declaration required for non-working household Members) *Please note that the income verification for this program is not handled by Centralized Income and you must submit your supporting income documentation with your application so that your income can be verified through the Accounting Department.
- Your most current utility statement

** Please note that households that receive DSHS, TANF, Foster Care, Veterans Benefits, SSI/SSA or Food Stamps automatically qualify for assistance but are still required to go through the income verification process to determine household income. It is the client responsibility to bring proof that you receive these services such as the award letters or documentation from the State of Washington. Documentation can be obtained from the DSHS Outstation here at the Resource Center on Wednesday of every week from 8:30 am – 4:00 pm

INCOME GUIDELINES

Number in Family Maximum Income Allowed

1	\$25,485
2	\$33,327
3	\$41,169
4	\$49,010
5	\$56,852
6	\$64,694
7	\$66,164
8	\$67,634

If you need help with your light bill or gas bill and feel that you meet the above criteria, please complete an application and submit the application with your most current statement and income information. Please allow seven to ten days for processing application.

Please be advised that the Muckleshoot Resource Center has funding to assist **Muckleshoot Tribal Elders** with energy assistance as well, and tribal elders should utilize the Senior Energy Assistance Program prior to using the LIHEAP Program. The Tribal Seniors Energy Assistance Program is also an income eligible program and you must be updated at Centralized Income to determine if you are eligible to receive assistance from the Senior Energy Assistance Program. Applications are available at the Resource Center in the front lobby for both energy assistance programs. Please allow seven to ten days for processing applications.

Muckleshoot Tribal Elders are eligible for up to \$300.00 worth of energy assistance per quarter.

Sandra Louie is currently handling the Senior Energy Assistance Program and you can contact Sandra at 253-876-3020.

Washington Telephone Assistance Program Information available at the Resource Center

Eligibility Requirements:

If you are an adult receiving any of the following DSHS programs, you may be eligible for WTAP\

- Temporary Assistance to Needy Families (TANF)
- Refugee Assistance
- General Assistance (GA-U), (GA-X)
- Food Stamps
- Specific Medical Programs
- SSI/Medicaid
- DSHS Chore Services/COPEs; and former clients of community voice mail.

* An adult payee of benefits only for a child is not eligible for WTAP

Benefits:

this time but it is anticipated that this program will be available later in the year following some policy changes

- Waiver of Local deposit
- WTAP is limited to the first telephone line in your home. WTAP does not apply to business phones. WTAP does not pay for telephone equipment, custom calling features or long distance.

If you are interested in either of these programs and meet the above listed criteria, brochures with additional information are available at the Resource Center.

General Assistance Program. Please note that the General Assistance Program is not available at this time but it is anticipated that this program will be available later in the year following some policy changes.

MIT Community Garden



Healthy Food for Strong Bodies!

Attention: All Muckleshoot Tribal Members

HURRY IN TODAY and sign up for your very own Garden Plot!
Just stop by the Planning Department located in the Philip Starr Building to reserve your plot or for more information call

Roger Blaylock at 253-876-3124.

Email: roger.blaylock@muckleshoot.nsn.us



DUCKS

SOFTBALL TOURNAMENT
Co-Ed
\$275 Entry fee
Open Tournament
July 13-14
Muckleshoot Ball Fields

1st, 2nd, 3rd Cash prizes

No use of personal bats, they will be provided

This is a community event and tournament host as well as MIT are not responsible for any theft, loss, or injury.

Cash or Checks payable to:
Tammy James
39015 172nd Ave Se
Auburn, Wa 98092
253-869-0089
katalut21@msn.com

The Muckleshoot Casual Labor Employment Program NEEDS PARTICIPANTS!

This program offers approved Casual Labor participants opportunities to learn skills in a variety of temporary jobs and departments throughout the Tribal Government.

When incidental positions need to be filled, we also use the Casual Labor list to help fill these incidental positions:

- Fisheries
- Administration
- Head Start
- MCDC
- Finance
- Tribal School
- Planning
- Public Works
- Facilities
- Maintenance
- Security

You begin by coming into the HR dept. and completing the Casual Labor application!

Memorial Day Dinner
Open to Everyone

May 27, 2013
Pentecostal Church
2 PM- 5 PM

To honor our fallen warriors and our ancestors

SAVE THE DATES!

Muckleshoot Veteran's Pow-Wow
June 14th-16th, 2013

&

Muckleshoot Skopabsh Pow-Wow
August 23rd-25th, 2013

More information coming soon at:
www.muckleshoot.nsn.us

For questions call:
Wendy Lloyd 253-333-3605 or
Grant Timentwa 253-876-3327
Vendors: Charles Williams 253-334-1182

KING COUNTY FIRE DISTRICT #44

Warm Weather + Cold, Fast Rivers = Danger!

Warm weather brings people to enjoy beaches, lakes, and rivers but the water is still cold and dangerous. Historically, King County Fire District 44 responds to several incidents on the Green & White Rivers in Spring. This is generally because the sun comes out, the weather is warm and people go relax by or in local rivers but they are unprepared.

The rivers in Western Washington this time of year can be dangerous because the current is fast, the water is cold, and there is debris in the water that may trap a person. Drowning is one of the leading causes of unintentional injury death in the US and Washington State is second in the country for children.

DROWNINGS ARE PREVENTABLE!!

Know Your Limits: Keep children and pets out of the water, especially if it has a current. You may need keep children in eyesight at all time and keep pets on leash. Be sure to have the proper equipment such as wet suits, proper boat for the location, and a whistle for communication. It is also impor-

tant to let friends and/or family know where you are going to be and when you are going to be home.

Know The Water: Washington waters can be cold and cause hypothermia even in warm weather. Check the conditions, consult with professionals, and don't get in if it is too dangerous. Get to know the hazards with the water such as currents, tides, downed trees, and access points.

Wear A Life Jacket: Life jackets are available at most sporting goods stores and come in all sizes for adults, children and even pets. Seventy-five percent of boating fatalities could have been prevented if the person was wearing a proper life jacket. The temperature this weekend may get up into the eighties so we expect to see people on or near the water. The current river levels on the Green River dangerously high and we urge people to stay off the river this weekend.

Please feel free to contact Tim Perciful for more information at tperciful@kcf44.org or 253-508-7273.

(Norma Pemberton is a Clinical Dependency Counselor that has worked for Muckleshoot for many years. Norma helped many people on a individual basis and helped change lives. We will certainly miss her and wish her the best. Due to health related issues, Norma has decided to focus on her well being and retire.)

Dear Friends,

How do you say goodbye to a family?
How do you say goodbye to a home?

First, I would like to say thank you to the Muckleshoot Tribe for such a wonderful retirement honoring and celebration. It was an evening of old stories, family and memories of a place that I've come to think of as my second home.

I've spent nearly 30 years working with and alongside members of the Muckleshoot Tribal Community, formally as an employee and informally as a volunteer. Through that experience, I personally found great healing in the friendships and memories that were formed.

As I begin this new direction in life, I reflect on some of the lessons that others taught me. That it is OK to enjoy memories, real laughter, and joy and to not live in someone else's shadow. I found my dreams again, and it's a wonderful place to be.

All of the memories are pieces of joy. But all of the pieces together make a quilt -- a crazy quilt of laughter, happiness and tears.

Words cannot express the gratitude I would like to relay to my friends, colleagues and clients.

My wish for you is to find your dreams and remember that the Heavenly Father loves us, and He is always with us no matter what.

Thank you with all of my heart.

Norma Pemberton

WILDLIFE PROGRAM TRACKS COUGAR IMPACT ON DEER AND ELK



Left to right: Russell Brown, Leeroy Courville, Jr., Paul Rodarte, Matt Courville

Muckleshoot Wildlife Program staff and Wildlife Committee member with immobilized radio-marked male cougar in the White River. This is one of our several study animals currently marked with a GPS tracking collar that allows us to investigate kill sites. We collect data on the species, age, and sex of each cougar's kill.

We have investigated over 400 kill sites from 10 marked cougars and found that on average, females kill 59 ungulates (elk and deer) per year while males kill 46 per year. Females kill more deer and elk calves while the larger males kill more elk. The data help us understand the impact predators have on local elk and deer herds and ultimately improve management of predator and prey.

Wildlife Department News

- The yellow Discover Passes do not expire. You can continue to use them until we are notified of any changes. If you have not picked one up yet, you may do so at the Wildlife Office at the Philip Starr Bldg.
- Bear and Cougar season is open at this time, tags are free. No Designated Hunting allowed for these tags.
- Meat requests need to be in our office at least 10 days prior to your event. If the applications do not fall under the approved guidelines, the committee has to discuss and vote at their meeting, which is held Tuesday mornings at 9am.
- We do sell Hancock vehicle permits to Tribal Members Only. Rider permits are FREE, both are valid all year long. Please bring in your license plate #, drivers license, and valid insurance card for a vehicle permit. Enrolled Tribal Members Only are allowed access with these permits. DO NOT BRING NON-MUCKLESHOOTS WITH YOU AS YOU COULD HAVE YOUR PERMIT REVOKED.
- Deer Season opens up August 1st.
- Any other wildlife questions please call our office 253-939-3311 or 253-876-3267

ALWAYS CARRY YOUR TRIBAL I.D. WHEN HUNTING OR GATHERING

MIT Wildlife to offer Hunter Education Courses

The Muckleshoot Wildlife Department will be teaching a Washington State Hunter's Education Course on, June 24, 25, 26, 27 and 28. If you are a tribal member and are interested in hunting outside of your treaty areas this course is required to obtain a Washington hunting license. Or, if you are interested in hunting outside of Washington State most states require you to have completed a hunter's education course before issuing you a license.

A new change in the Muckleshoot Hunting Ordinance requires teens from sixteen through eighteen to have completed this course before being issued hunting tags.

The course will be held over five days and the typical class day will last three hours. The class will run from 6 PM to 9 PM. At the end of the course there is a multiple choice test that you must pass before being certified. There is also a skill evaluation portion of the course where you will be evaluated on what you learned and firearms safety. Subject matter that will be taught during the hunter's education course includes but is not limited to:

- Firearm safety
- Washington State hunting rules and regulations

- Survival
- Basic First Aid
- Wildlife Conservation
- Sportsmanship
- Muckleshoot hunting rules and regulations

This course is open to anyone interested in getting involved in hunting. Children under the age of 12 are required to have a parent present with them. The hunter education course is an easy learning environment; however it may be too advanced for children under 12. The class will be held to 25 students on a first come basis.

The only thing students will need to bring with them to class is paper to take notes and a pen or pencil. All other supplies to include firearms will be provided to the students. If you have any questions regarding the Washington State Hunter's Education Course please stop by the Muckleshoot Wildlife Department or call 253-876-3268. Please sign up for the class by calling the listed number or stop by the Muckleshoot Wildlife Department.

MARK YOUR CALENDARS

**Annual Hunters Meeting/
485 Hunt Drawing**

6pm
Thursday July 11, 2013
PSB Cougar Room
Drinks and Light Snacks Provided

**Cedar River Hunt/Goat/
Sheep Drawings**

6pm, July 18, 2013,
PSB Cougar Room

MUST SIGN IN BY 6PM TO BE ELIGIBLE FOR DRAWING

Age 16 and older tribal members are eligible

MUST BE PRESENT TO WIN @ BOTH DRAWINGS

If you received a fine last season 2012 you are not eligible for the drawing

Cedar Weaving Class

PHOTOS BY LIZ EYLE





PHOTO BY ERIN PALMER

LIVE HORSE RACING @ EMERALD DOWNS! The 2013 horse racing meet at Emerald Downs is underway and offers plenty of fun and excitement for the whole family. Live Racing Season runs through September 29. First race: Fridays - 6:45pm; Weekends & Holidays - 2pm. INFO: www.emerald downs.com

Guess WHO?



“Children are a gift of the Lord”
– Psalm 127:3
Thank You, GOD



Happy Mother's Day Mom
~ Love You...
Beverly I. Courville



Happy Birthday Sarah & Marshall II
May 20 and 25th
Love You, Mom

Mother ~ Mom
To one who hears the sweetest name,
And adds luster to the same,
Long life to her, for there's no other
Who takes the place of my Dear Mother.



Sophie Spencer and daughter Beverly

I wanted to share this with our Muckleshoot community. This is my Dad's older brother. Frank Simmons. He served three tours of duty in Vietnam – one with the Army and then two with the Marines. He was very proud to be a veteran. He would travel with our other tribe, Grande Rhonde canoe family. He would come visit us up here in Muckleshoot monthly. I enjoyed my talks with my uncle Frank. He would sneak me cash because he said it was hard raising a child on single income. I loved him dearly for this. I will remember him always and be proud of my family heritage.

Sincerely,
Vanessa R. Simmons
of the Simmons-Daniels of Muckleshoot/Grand Rhonde Tribes



Fastpitch

All sports have a life lesson that is taught throughout the season. Coach Todd gave us a speech the other day, explaining to us that being a part of a team is more than playing the game and winning games. He said being part of a team teaches us how to take on responsibilities. Who is going to step up to play this position? Who is going to take the time to help out take out gear? Who is going to put away the gear? And so much more.

Those who step up are the ones who will be able to take on a job. Todd said places look for people who have played sports in their high school years. The reason is, these people already have the idea that they are part of a system. What they do does affect what is going on in the company. Being part of

team isn't about being about yourself. It's about helping out the team to succeed.

Todd has put us in some type of system. We earn points if we attended practice, helped with gear, or anything extra. Depending on how many points we have will determine how much playing time we have. I think this is a great system. Then everyone will understand why someone is playing over them. It also teaches that you have to earn what you want. If you want a raise at your job then you're going have to show why you deserve that raise.

Coach Todd is one of the best coaches I've had. I've learn a lot about fastpitch from him. I'm glad I joined the fastpitch team this year. It was a fun and great experience.

~ Sarah Givens



TINY BALLERINA

Tamicka Elkins is doing more than just riding horses these days (see page 2). She is also taking dance lessons, leaning pre-ballet and tap and hip-hop. She really enjoys those classes and will have her first recital this June.



I am shy and funny
I wonder if my sister's having a boy or girl
I hear my lil' cousin crying for me
I see Grandma Lynn
I want to see my Grandpa Cecil
I am shy and funny
I pretend I am older
I worry about my family
I cry for Auntie Patsy
I understand I understand
I say, I SAY!
I dream about Grandma Lynn and Uncle Wayne all the time
I try to get good grades
I hope I hope...
I am shy and funny

Edna Moses

MTS Athletic Programs Set Requirements for Participation

Dear Athlete,

You are participating in an athletic program at MTS which offers you the opportunity to receive semester credit (0.50) upon successful completion of the requirements listed below. Be sure to meet any deadlines that are posted. Contact me if you have further questions or concerns.

Participation Requirement

- 1- Complete the entire season. This requirement is inclusive of team activities, any season-ending banquet, and the regular season practices and games.
- 2- Be a member in good standing. Throughout the season you were not subjected to any suspensions or significant disciplinary actions, as determined by the coach.

Written Requirement

- 1- Write a typewritten paper, one page in length, in 12-point Times New Roman size and font, one-inch on all four margins, and double spaced.

- 2- Include within this report a reflection statement on the values you learned from your experience.

Deadlines

The report must be completed and turned into your coach no later than appropriate deadline given below. Late papers may not be accepted and credit could then be denied.

- Fall Sports – first Friday in December
- Winter Sports – first Friday in March
- Spring Sports – first Friday in June

Credit Limitations

Please note that athletes are limited to a maximum of two seasons of athletic credit on their transcript, no matter how many seasons are completed. These credits may be applied to the P.E. requirement or elective requirement for graduation.



Billy and I went smelt fishing March 22, 2013. We donated hundreds of smelt to the Muckleshoot community.

~ Rosette Andy



MUCKLESHOOT POLICE



Muckleshoot Police April Recap

Those subjects listed as "arrested" or "arrested via citation" means there is enough evidence for the police to prefer charges but have not been convicted.

04/02/13 10:00 AM 13-072658 Stuck River Property Trespass

A deputy checked the tribal property at the end of Stuck River DR SE. An adult male was found living on the property in a homeless camp. The male was given one week to be moved off the property.

04/02/13 1:03 pm 13-072796 38900 block Auburn-Enumclaw RD SE Theft

An adult female had a black and purple 5th generation IPOD Touch stolen from her purse.

04/02/13 1:07 PM 13-072792 Davis Site Family Disturbance

A mother and her juvenile child were in a verbal argument when the juvenile threw a phone, the mother picked up the phone and tapped the juvenile on the head and told them not to do that again. The juvenile called police. No crime had occurred, a report was written for documentation.

04/02/13 6:45 PM 13-073064 14400 block SE 368 PL Fight Disturbance

A witness called in two males fighting in the street with a female involved. When the first deputy arrived he contacted the two males. One male was detained who had injuries. The male said he had drank a half bottle of Captain Morgan rum and refused to go to the hospital. The other male involved left before being interviewed by police. The injured male was involuntarily sent to the hospital due to his intoxication level and his injuries.

04/03/13 10:41 AM 13-073563 38800 block Auburn-Enumclaw RD SE Failure to Transfer title

Jonathon Matthews (19) was cited/arrested via citation for "Failure to Transfer Title within 45 Days of Purchase" and "Driving While License Suspended in the Third Degree."

04/04/13 1:34 PM 13-074539 3700 block Poplar ST Theft

An adult male reported the theft of 89 tablets of 10 mg Methadone and 78 tablets of 10 mg Hydrocodone that he had a prescription for.

04/04/13 8:45 PM 13-074830 38800 block Auburn-Enumclaw RD SE Warrant Arrests

Leonard Wayne 4th (26) was arrested on a felony no bail Department of Corrections (DOC) warrant for "Escape from Community Custody." **Rebecca Underwood-Elkins (22)** was arrested on two King County felony warrants, one for "Possession of a Stolen Vehicle" with a \$15,000 bail and one for "Attempted Theft in the Second Degree" with a \$20,000 bail. Both Wayne and Underwood-Elkins were booked into the King County Jail.

04/05/13 10:31 AM 13-075184 White River Amphitheater Vandalism

Two phones and a message board were vandalized overnight.

04/05/13 3:45 PM 13-075437 16900 block SE 392 ST Driving While License Suspended

Maxie Jansen (23) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/05/13 8:48 PM 13-075967 39900 block Auburn-Enumclaw RD SE Stand-by to Assure Peace

A deputy stood-by while a court order was served on an adult male and a child was given to the mother by the father as the court order directed.

04/06/13 10:06 AM 13-075925 Muckleshoot Housing Authority Trespass

Leonard Wayne 4th (26) and **Rebecca Underwood-Elkins (22)** were trespassed from all Muckleshoot Housing Authority properties for two years at the direction of a Housing Authority staff member.

04/08/13 1:00 PM 13-077326 Muckleshoot Housing Authority Trespass

Cody Jansen-Benavidez (21) was trespassed from all Muckleshoot Housing Authority properties at the direction of a Housing Authority staff member.

04/08/13 2:00 PM 13-077289 41500 block Auburn-Enumclaw RD SE Dependent Abuse

A deputy investigated a report of an adult female taking financial advantage of an adult male with a mental impairment. At this time it appears the report was unfounded.

04/09/13 3:28 PM 13-078305 Skopabsh Village Trespass

Bernyce Elkins (27) was trespassed from all Muckleshoot Housing Authority property for a period of two years at the requested of a Housing Authority staff member.

04/10/13 10:07 AM 13-078935 Dogwood St/Auburn Way S Driving While License Suspended

John Jansen (42) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/12/13 8:00 AM 13-080746 Muckleshoot Indian Reservation Sexual Offender Registration Violation

An adult male Level 1 sex offender is in violation of his registration requirements for not reporting once a week since 02/14/13.

04/13/13 10:56 AM 13-080674 39100 block Auburn-Enumclaw RD SE Driving While License Suspended

Kamelia Gill (39) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/12/13 12:32 PM 13-080738 SE 400 ST/180 AV SE Driving While License Suspended

Robert Pacheco (67) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/12/13 3:30 PM 13-080877 39200 block Auburn-Enumclaw RD SE Failure to Transfer Title

Ricardo Garcia (58) was cited/arrested via citation for "Failure to Transfer Title within 45 Days of Purchase."

04/14/13 12:00 AM 13-081812 Davis Site Warrant Arrest

A juvenile was arrested on a King County Juvenile Court no bail misdemeanor warrant for "Youth at Risk." The juvenile was arrested on the warrant and booked into the Juvenile Detention Center.

04/14/13 7:00 PM 13-082200 37000 block Auburn-Enumclaw RD SE Animal Problem

A beagle was attacked by two larger dogs, the beagle later had to be put to sleep due to extensive injuries. A police report was written and sent to King County Animal Control for follow-up.

04/16/13 11:31 AM 13-083520 14700 block SE 368 PL Theft

A contractor working on the road construction site had scaffolding brackets stolen. The brackets were later recovered at a recycling business. An investigation is ongoing.

04/17/13 4:03 PM 13-084671 Drop in Center Assault

A Drop in Center staff member reported an assault at the Center the day before that they had video of in which one juvenile punched another. The victim is unwilling to assist in the case. A report was written for documentation purposes.

04/17/13 5:05 PM 13-084736 Dogwood ST S/Auburn Way S Driving While License Suspended

Loney Karmel (43) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/17/13 5:26 AM 13-084758 4000 block Auburn Way S Driving While License Suspended

Darcy Lozier (45) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/17/13 6:03 PM 13-084790 Davis Site Vandalism/Resisting Arrest

Lilly Baloo (40) vandalized two cars belonging to an adult male. While a deputy was taking Baloo into custody she kicked, slapped and spit on him. Baloo was intoxicated. Baloo was booked into the King County Jail for "Malicious Mischief (Vandalism) in the Third Degree-Domestic Violence (DV)," "Resisting Arrest" and on a misdemeanor warrant.

04/18/13 2:30 PM 13-085525 Skopabsh Village Trespass

George Cross 4th (18) was cited/arrested via citation for "Criminal Trespass in the Second Degree" after he was seen leaving a residence in Skopabsh Village by a deputy, Cross fled on foot from the deputy. Cross had previously been trespassed on 11/30/12.

04/18/13 2:32 PM 13-085652 Skopabsh Village Trespass

George Cross 4th (18) was cited/arrested via citation for "Criminal Trespass in the First Degree" after he unlawfully entered a house without permission while fleeing from the deputy in the above listed trespass case.

04/18/13 8:24 PM 13-085780 Skopabsh Village Disturbance

Deputies responded to a verbal argument between an adult male and an adult female couple, the female was very intoxicated. Both subjects said nothing physical had happen. A report was written for documentation purposes.

04/19/13 10:19 AM 13-086117 Skopabsh Village Driving While License Suspended

Kayla Moses (23) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/20/13 10:45 AM 13-086922 Muckleshoot Indian Reservation Child Abuse

A deputy took the report of child abuse of two juveniles. A Child and Family Services case worker was advised and responded. The children were removed from a parent. The investigation is ongoing.

04/20/13 5:49 PM 13-086422 39200 block Auburn-Enumclaw RD SE Ignition Interlock Violation

Jennifer Black (43) was cited/arrested via citation for "Ignition Interlock Violation" and "Driving While License Suspended in the Third Degree."

04/21/13 8:57 PM 13-087984 Skopabsh Village Threats

An adult female reported a third party threat by an adult male to assault her. A case report was written for documentation purposes.

04/23/13 11:00 AM 13-089166 42000 block 180 AV SE Theft

An iron tub belonging to an adult male was taken from an open/outside area.

04/24/13 12:10 PM 13-090112 18700 block SE 416 ST Warrant Arrest

Onofre Sandoval Mendoza (21) was arrested on a King County misdemeanor warrant for "Driving While License Suspended in the Third Degree" with a \$5,000 bail. Sandoval Mendoza was cited/arrested via citation for "Driving While License Suspended in the Third Degree." Sandoval Mendoza was booked into the Regional Justice Center (RJC) Jail on the warrant.

04/24/13 1:50 PM 13-090190 38000 block 176 AV SE Theft

An elder male reported the theft of his car's stereo.

04/24/13 3:18 PM 13-090265 Dogwood ST/Auburn Way S Failure to Transfer Title

Terry Daniels (40) was cited/arrested via citation for "Failure to Transfer Title within 45 Days" and "Driving While Li-

cense Suspended in the Third Degree."

04/24/13 7:00 PM 13-090439 16800 block SE 392 ST Fight Disturbance

Two females got into a physical fight. A deputy responded and investigated. A primary aggressor could not be determined, the disturbance appeared to be mutual fight. A police report was written,

04/24/13 8:00 PM 13-090609 Bingo Hall Warrant Arrest

Rosalinda Maldonado (30) was arrested on a King County warrant for "Driving While License Suspended in the Third Degree." Maldonado was booked into the King County Jail.

04/25/13 1:41 AM 13-090711 38900 block 172 AV SE Juvenile Liquor Violation

An intoxicated juvenile went to the Muckleshoot Police Station and took a fighting stance with deputies. The juvenile admitted to drinking alcohol. The juvenile was cited/arrested via citation for "Minor in Possession of Alcohol."

04/25/13 2:09 AM 13-090715 41400 block Auburn-Enumclaw RD SE Warrant Arrest

Russell Ward (31) was arrested on a felony no bail Department of Corrections (DOC) warrant. Ward was booked into the Enumclaw Jail.

04/25/13 10:24 AM 13-090926 38400 block Auburn-Enumclaw RD SE Driving While License Suspended

Elma Charles (34) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/25/13 10:52 AM 13-090946/13-091053 Skopabsh Village Trespass/Warrant Arrest

Collin Harris (20) was arrested in Skopabsh Village after previously being trespassed from all Tribal Housing. Harris was also arrest on a King County misdemeanor warrant for "Trespass" with a \$5,000 bail. Harris was booked into the Regional Justice Center Jail for "Criminal Trespass in the First Degree" and on the warrant.

04/25/13 2:32 PM 13-091097 Muckleshoot Tribal School Sex Offense

A juvenile student is suspected of putting a cell phone under a bathroom stall to take pictures/video of two visiting juvenile students that were there for a track meet. The suspect student had left the school before the deputy arrived. An investigation is ongoing.

04/26/13 8:41 AM 13-091665 Muckleshoot Tribal School Concealed Weapon

A juvenile student brought four knives to school in their backpack, school staff found them after receiving a tip. The juvenile was arrested and booked into the Juvenile Detention Center for "Dangerous Weapons on School Facilities."

04/26/13 1:55 AM 13-091874 39200 block Auburn-Enumclaw RD SE Driving While License Suspended

Elizabeth Miller (32) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/26/13 5:07 PM 13-092002 Skopabsh Village Violation of a Court Order

Tony Rutherford (28) was arrested for violating a valid No Contact Order against a family member. Rutherford was booked into the King County Jail.

04/26/13 5:07 PM 13-092100 Skopabsh Village Trespass

Luke Moreno (24) was trespassed from all Muckleshoot Housing Authority properties for two years at the request of a Housing Authority staff member.

04/26/13 9:05 PM 13-092225 4000 block Auburn Way S Driving While License Suspended

Danette Sherwood (45) was cited/arrested via citation for "Driving While License Suspended."

04/27/13 12:10 PM 13-092587 Skopabsh Village Driving While License Suspended

Elaine Ciunci (51) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/27/13 1:04 PM 13-092609 15600 block SE 376 ST Driving While License Suspended

Marcus Penn (28) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

04/27/13 6:09 PM 13-092797 41200 block 180 AV SE Theft

Nine engine blocks were stolen from an open area on private property. There is a lead on a suspect and the case is being further investigated.

04/29/13 10:14 AM 13-093909 Sla-Hal Shed Found Property

A tribal security officer turned over a found backpack and cell phone to a deputy.

04/29/13 2:20 PM 13-094079 Skopabsh Village Trespass

Luke Moreno (24) arrested for "Criminal Trespass in the Second Degree." Moreno also had a misdemeanor warrant for "Driving While License Suspended in the Third Degree" with a \$2,500 bail that he was also arrested on. Moreno was booked into the Regional Justice Center (RJC) Jail.

04/29/13 2:30 PM 13-094084 38500 block 180 AV SE Court Order Violation

Wesley Exum (25) was arrested for felony violation of a Domestic Violence (DV) No Contact Order. Exum assaulted his girlfriend who had a valid No Contact Order against him.

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	11:00 AM Church Service
Tuesday	12:00 Noon Prayer Meeting
Wednesday	6:30 PM Bible Study
Thursday	12:00 Noon Support Group Meeting
Thursday	7:00 PM Spanish (language) Church
Friday	7:00 PM Prayer Meeting
3rd Saturday	10:00 AM Prayer Meeting

Cobell Questions?

Landowners/ IIM Account Holders

If you have questions regarding the Cobell Lawsuit or know someone who may have questions/concerns, talk to a well-informed person with the "Garden City Group" (GCG) by calling their toll free number:
1-800-961-6109, or e-mail them at: info@IndianTrust.com



ATTENTION ALL MUCKLESHOOT COMMERCIAL FISHERS

SAFETY ALERT!

DRUG SCREENING PROCEDURES WILL BE IMPLEMENTED FOR THE 2013-2014 COMMERCIAL FISHING SEASON. COMPLIANCE WILL BE REQUIRED IN ORDER TO OBTAIN STICKER AND TO MAINTAIN ELIGIBILITY. THE FISH COMMISSION CURRENT POSITION IS TO REQUIRE A HAIR FOLLICLE TEST.

– THE FISH COMMISSION –

RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church
Dennis Anderson Sr., Minister
Sandy Heddrick, Assistant Minister
Carl "Bud" Moses, 1st Elder
Lee Stafford, 2nd Elder
Gerald Moses Sr., 3rd Elder
Teri Starr, Secretary/Treasurer
Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church
Rev. Kenny Williams, Pastor

Sweat Lodge
Doug Moses, 425-301-6081

MUCKLESHOOT INDIAN CASINO

You can now apply for jobs ON-LINE

Visit www.muckleshootcasino.com and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours:
Monday – Wednesday 9am to 6pm
Thursday 9am to 9pm
Friday 9am to 5pm
HR Phone Number 253-929-5128

CULTURAL WELLNESS GATHERINGS

AA Meeting
The Foundation Every Tuesday 12-1PM
Muckleshoot Recovery House Lunch Served
39225 180th Ave SE
Auburn Wa. 98092

Feather Healing Circle
39015 172nd Avenue SE Tuesdays 5:00 pm
Auburn, WA

Grief and Loss Support Group
Wednesdays 6:00pm -8:00pm
Behavioral Health, Bear Lodge

Women's Group
Muckleshoot Tribal College Thursdays 5:00 pm

Boys Mentoring Group
Muckleshoot Behavioral Health Thursday's 4:30 pm to 9:00 pm

Al-Anon Meetings
Auburn First United Methodist Church Monday 10:30 a.m.
E. Main & N St. S.E.
Auburn, WA 98002

Federal Way Sunrise
United Methodist Church Monday 6:30 pm
150 S. 356th St.
Federal Way, WA 98003

Catholic Mass

with Father Pat Twohy

St. Claire's Mission Chapel Muckleshoot Reservation 3rd Saturdays at 5:00 PM

Come work for Your Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.

Also see our opening on-line at www.muckleshoot.nsn.us

EVENTS CALENDAR

May 22 Elders Luncheon at Emerald Downs, 10-12pm RSVP to Noreen Milne at 253-876-3023 or 253-876-2888

May 23 Cooking Classes at Muckleshoot, 2-3pm at the River Conference Room. Sign up at the WIC Office or call Kate at 253-939-6648 x3422

May 27 Memorial Day Dinner, 2-5pm at Pentecostal Church

June 14-16 Muckleshoot Veterans Pow Wow

June 15 Keta Creek Kid's Trout Derby - 8:30 - 2pm. Ages 12 and under at the Keta Creek Hatchery. Call Gail Larsen at 253-876-3178

July 13-14 Ducks Softball Tournament - Co-Ed. Muckleshoot Ballfields. For more info call 253-569-0089

August 10 Family Keta Creek Trout Derby - 8:30 - 2pm Keta Creek Hatchery. Call Gail Larsen at 253-876-3178

August 23-25 Muckleshoot Skopabsh Pow Wow

Sept. 28 Family Keta Fall Classic - 8:30 - 2pm Keta Creek Hatchery. Call Gail Larsen at 253-876-3178

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

SAVE THE DATES!

Muckleshoot Veteran's Pow-Wow

June 14th-16th, 2013

&

Muckleshoot Skopabsh Pow-Wow

August 23rd-25th, 2013

More information coming soon at:
www.muckleshoot.nsn.us

For questions call:
Wendy Lloyd 253-333-3605 or
Grant Timentwa 253-876-3327

Vendors: Charles Williams 253-334-1182

St. Leo The Great

Catholic Mass

Every Sunday at 1:30 p.m. please join the Tacorn Koteri Circle and Father Pat Twohy, S.J. in celebrating the Catholic Mass. Native American Catholics are encouraged to celebrate the sacraments whether you are a regular parishioner or have not been to mass in months or years. Every third Sunday at 12:45 p.m. we have our Kateri Circle meeting, we are seeking new members. After the mass we will have a delicious potluck. St. Leo's is located at 710 South 13th Tacoma, WA 98409. Our website is www.katericircle.com

The Muckleshoot Casual Labor Employment Program

NEEDS PARTICIPANTS!

This program offers approved Casual Labor participants opportunities to learn skills in a variety of temporary jobs and departments throughout the Tribal Government.

When incidental positions need to be filled, we also use the Casual Labor list to help fill these incidental positions:

- Fisheries	- Finance	- Facilities
- Administration	- Tribal School	- Maintenance
- Head Start	- Planning	- Security
- MCDC	- Public Works	

You begin by coming into the HR dept. and completing the Casual Labor application!

Virginia Cross Birthday Party & Family Reunion

Saturday, June 15 at 4:00 PM
Game Farm Park Picnic Shelter

Please come one, come all to our Annual Virginia Cross June Birthday's picnic bash!!!! June 15th at 4 pm at the Game Farm Wilderness Park picnic shelter.

Potluck style, please bring a dish or something if you can; otherwise, just come enjoy and visit!

All welcome!



Happy 10th Birthday Curtis Redding JR

We hope you have a great one.
We love you very much
Love, Your Family



Jonathan portrait at UW Pow Wow



Jonathan and Grandma Della



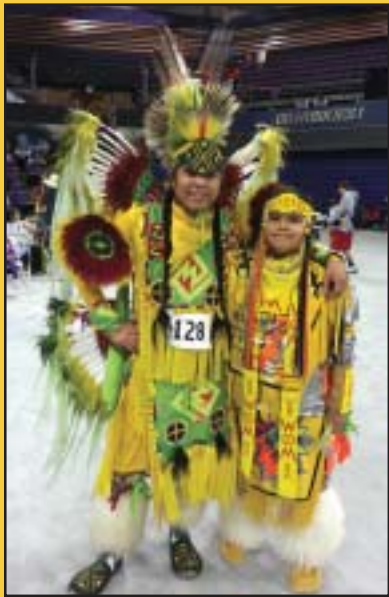
Kiana and Jonathan



Della Morrison and granddaughter Kiana Dominick

Jonathan & Kiana at the UW Pow Wow

Jonathan Sampson Jr. won the Teen Boys Fancy Dancing Championship at the First Nations University of Washington Pow Wow!
~ Submitted by Della Morrison



Jonathan and his friend Lawrence



Jeriah (jer-RYE-ah) Markus WhiteEagle
Born 3/20/13 weighed 8lbs 13 oz. 19 inches long.
Parents Jeremiah WhiteEagle SR and Edith Price!

HAPPY BIRTHDAY WISHES TO: Curtis Jerry, Ninia Raelynn, Lisa Marie, Timmy Ross Jr., and Kristine Osoteo.....LOVE YOU ALL :-)

Theresa Jerry

Happy 1st Birthday, Keanu!

We love you!



Here's a picture of Mike Gulla enjoying a visit with his son. Mike's current address is:

Michael Gulla DOC#315728 OLY-A-14
Cedar Creek Correction Center
PO Box 37
Littlerock, WA 98556



HAPPY 14TH Birthday Macy Lynn

We wish you many more years to come Lulu!
Thanks for being a respectful young lady & always helping out with all of the kids and grampa pet!
Stay focused on school and sports cuz we love to watch you play!



Love Mom, Stacey, & Stasia



Purcell Family Gathering, April 19, 2013